



The Newsletter of the . . .

The Reel News

Serving the Northeast Florida Fishing Community Since 1959



Volume 55 Issue 7

July 2015



PRESIDENTS CAST NET

Tom Darga

Happy 4th of July

First I would like to thank everyone who fished the Junior Angler Tournament. We had 8 Junior Anglers who fished on Sunday June 14th. The great thing about this tournament is that the Junior Angler Kingbuster was being fished at the same time. Frank Joura and Don Dingman were more than gracious by letting our Junior Anglers weigh additional fish at the Kingbuster weigh in. Names and weights will be listed on another page.

On June 18, 2015 we held our Past Presidents meeting. If you did not show up you missed a great time. As always we had a Low Country Boil for dinner. I want to give a special thank you to Tina and Andy along with Aaron for taking care of the dinner in a heat wave of 107 degrees. When you see them please thank them for their hard work. Since this was the Past Presidents Meeting JOSFC had a special prize of 10 raffle tickets for a weeklong trip to Costa Rica valued at 5,700 dollars. The drawing will be held at Sisters Creek on July 18th during the Greater Jacksonville Kingfish Tournament.

On July 8th JOSFC along with the Greater Jacksonville Kingfish Tournament sponsored the Down on the Dock Tournament. This Tournament benefits

children with Down Syndrome. This is the 2nd year for this Tournament and being able to help and see the joy on the faces of the children is one of my favorite things about fishing. At last count we expected to have about 50 anglers.

Last but not least as the saying goes we have to say goodbye to our Safety Supervisor Top Ingram. Top has been writing articles for the JOSFC Newsletter since I have been a member of 7 years. Top who many of you may not know has been a fixture of the club for many years. He may not make every meeting but is always a presence during club cleanup days and the El-Cheapo.

From all of us at JOSFC thank you Top for all of your years of service. We will all miss your articles.

Tom Darga

JOSFC President



Passing the Baton

If you're familiar with a high school or college track relay race, you're aware that the

baton is the single constant in a team race that has multiple runners. The team's goal is for each runner to perform at his highest level for his leg of the given distance and then to pass it on to the next runner so that he can do the same.

While the baton is in the hands of the runner, he has the complete support of the rest of his team including all its fans and supporters.

Continues Page 4



Loud Hailings

Newsletter Editor
Bill Breen

I really like to feature Pictures of members with some good catches. (Like Mike Watts did.) Either give me a hardcopy at a meeting (I will return it to you) or E-mail me your pictures at: breenw@bellsouth.net

Don't forget to include your name or the name of the person in the photo. (spelled correctly) and the fish weight. Anyone can submit an article for the Reel News, just send or give it to me at any time. Hint, Photos of KIDS get priority!

Congratulations to our Junior Angler winners

12 and under

- 1. Tyler Grant - 46.0 lbs
- 2. Amelia Siegel - 43.8 lbs
- 3. Rayleigh Ruggles - 14.8 lbs

13 to 18 yrs

- 1. Haley Cavin - 40.6 lbs

Gary Newman

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Wear these, while underway, they don't work in the cabin!



**2015 Greater Jacksonville
Kingfish Tournament
CALLING ALL
VOLUNTEERS!**

It's time for the Greater Jacksonville Kingfish Tournament! This year's tournament will be held **July 13-18** at Jim King Park at Sisters Creek 8203 Heckscher Dr.

Jim King Park is located 2 miles West of the Mayport Ferry and approximately 7 miles East of the Dames Point Bridge.

JOIN OUR TEAM!

Our volunteers are what make the Tournament such a success! Again this year we are looking for the "Best of the Best!" Come out and be a part of the *TEAM*.

- Boatique Retail Center
- Liars' Tent
- Weigh-In/Docks
- Tokens
- Parking
- Bounce House (Sat only)

If you are interested in helping prepare the site and facilities - we could use your help! We'll be working every day the week before the tournament. Come out and join us!

BRING YOUR FRIENDS

Groups and organizations welcome

Tournament Schedule

- 7/13 - Tournament week opens. GT registration. Final Jr. angler registration & bag pick-up.
- 7/14 - Jr. Angler Offshore Tournament. Jr. Dock Tourney. GT & Redfish registration.
- 7/15 - GT Capt mtg & bag pick-up. GT Final registration.
- 7/16 - General Tournament Day 1.
- 7/17 - General Tournament Day 2. Redfish final registration & Capt mtg.
- 7/18 - Redfish Tournament Awards Ceremonies:
Jr. Angler
Redfish
General Tournament

Passing Baton Cont.

As director of the El Cheapo Sheepshead Tournament since 2003, it has come time for me to pass the baton.

When I took over the El Cheapo in 2003 my daughters were in grade school and middle school and I had NO gray hair! Like many kids in the JOSFC, they grew up in the club and attended and helped at every Tournament. Well, one is now a college graduate with a full time job in another city, and the other is 2nd year college engineering student with high aspirations, and I now have a fair amount of non-dark hair! During that span of time, in addition to my family, I've also had the privilege and honor of working with and leading hundreds of JOSFC members. The Tournament has endured many changes and leaps forward. We brought in sponsors, then introduced a logo, began selling merchandise, added more sponsors, started a Junior Angler Division, and added more and bigger prizes - all while growing the Tournament with an almost cult-like following of participants. What started out as a few dozen boats participating has evolved into what I've called it many times, the Largest Sheepshead Tournament in the World! I'd like to thank you each of you and all of our sponsors for the support you've given me and my family through the years of running the Tournament. In addition, I'd like to recognize the incredible support from my wife Amy who endured thousands of phone calls, emails, and tournament conversations from October through March every season, especially during the busiest time of El Cheapo - between Thanksgiving and New Year's!

In the 13 years of my watch, from the proceeds of the tournaments we've added over \$160,000.00 to the club's coffers. Those funds have not only helped run and enhance the JOSFC, they've helped many other organizations in the community with like-minded goals and principles. I am extremely proud of our accomplishments and what the El Cheapo has done for the fishing community and local fishing industry. You can ask the owner of any bait & tackle shop in the area what Februarys were like before the El Cheapo, and you'll hear the same answer - worst month of the year! That is no longer the case. People buy bait, gear, and tackle and fish for Sheepshead throughout January and February like only a handful of die-hard folks did many years ago. Rather than cutting hours back in the cold months, shops now actually gear up for our Tournament.

As the Tournament enters the next leg of its life, I am confident the leadership of the event will be in good hands.

Passing Baton Cont

Rob is a long standing member of the J.O.S.F.C., has been a part of the administrative staff of the El Cheapo for many years, and is actually one of the original founders of the El Cheapo Tournament some 15 years ago. I am confident that with your support he will continue the legacy of the El Cheapo and guide it to great places in the future.

I've given my best effort and am grateful to have been a part of an amazing movement. I will forever treasure the many memories and friends I've made during my term as Director. I now look forward to finally being able to do something I've never done before - fish one of the greatest fishing tournaments in the world, the El Cheapo Sheepshead Tournament!

As I pass the baton to Rob, please join me in yelling 'Run Rob Run'!!!

Frank Joura

- El Cheapo Sheepshead Tournament Director,
2003-2015

Safety and Heat

Going into July and August and many of us begin on the water during the heat of the day I felt that **it is important for everyone to read this article**

Dehydration what to look for!

Mild to moderate dehydration may include the following:

- Increased thirst
- Dry mouth
- Tired or sleepy
- Decreased urine output
- Urine is low volume and more yellowish than normal
- [Headache](#)
- Dry skin
- [Dizziness](#)
- Few or no tears

The above symptoms may quickly worsen and indicate severe dehydration with signs and symptoms are developing; severe dehydration may include the following:

- Severely decreased urine output or no urine output. The urine, if any, produced is concentrated and a deep yellow or amber color.
- Dizziness or lightheadedness that does not allow the person to stand or walk normally.

- Blood pressure drops when the person tries to stand after lying down ([low blood pressure](#) or orthostatic hypotension)
- Rapid heart rate
- Fever
- Poor skin elasticity (skin slowly sinks back to its normal position when pinched)
- Lethargy, confusion, or coma

How to prevent Dehydration

- Plan ahead and take extra sports drinks that contain electrolytes and water bottles to all outdoor events and work areas where increased sweating, activity, and heat stress will likely increase a person's fluid loss. Encourage athletes and outdoor workers to replace fluids at a rate that equals the loss.
- Avoid exercise and exposure during high heat index (high air temperature with high humidity) days. Listen to weather forecasts for high heat stress days, and plan events that must occur outside during times when temperatures are cooler, usually in the early AM and after sunset..
- Ensure that older people and infants and children have adequate drinking water and fluids containing electrolytes available, and assist them as necessary. Make sure that any incapacitated or impaired person is encouraged to drink and is provided with adequate fluids.
- Avoid alcohol consumption, especially when it is very hot, because alcohol increases water loss and impairs a person's ability to sense early signs associated with dehydration.
- People should wear light-colored and loose-fitting clothing if they must be outdoors when it is hot outside. Carry a personal fan or mister to cool the body so less fluid is lost through sweating.
- Limit the time a person is exposed to hot temperatures. Find air-conditioned or shady areas and allow the body to cool between exposures. Taking someone into a cooled area for even a couple of hours each day will help prevent the cumulative effects of high heat exposure

Please everyone pay attention to yourself and others on the boat especially the little ones. We all need to remind each other to drink. Stay safe during these next couple of months.

Tom Darga

JOSFC President

Trouble in the Hole

The hole was dark, deep and steamy wet inside. The gentle rocking back and forth motion was only a distraction. The seacock inside the hole was stuck. The problem is that the seacock was standing straight up and it needed to go down. As it has been erect for so long, we were wondering just how to get our seacock to go down. Warning messages from several TV commercials flashed through our minds. Seek professional help with it lasting longer than normal. This maybe well and good but would the cost be both monetarily and socially if all knew that your seacock would not go down. As the captain, would you have to go to a therapist to discuss your feelings on why the seacock is such? Can anyone tell me just how much does it cost to perform a seacockectomy? Who would trust climbing onboard knowing the device may not be reliable but then again, there may be some who would not pass up the chance.

We had to get the seacock unstuck if we wanted the live well to operate. With no lubrication on board, things were bleak. The only thing we could do was to apply force. We could try to force the seacock down but this was fraught with danger. Too bad the handle on the seacock was not too exceptional because one could only get one hand around it and this limited the amount of pressure we could place on the seacock. However, an additional problem was that the access hole was so small that it only permitted one hand on it at a time so the point is just mute.

We tried to lay on our backs with the arms outstretched to see if we could better leverage upon the handle and get it to move. This odd Kamasutra type maneuver was fruitless only causing extreme discomfort for the one attempting the feat. Who in their right mind would think that so much discomfort in this way could be pleasurable? Staring at the upright handle only caused vision problems and with the gentle back and forth motion of the waves just added dizziness into the equation. You could say one had just a few warning signs for sea born case of priapism. Now, when switching position, laying in a prone position upon your stomach, a single outstretched arm could find its way down to the source. A single hand could grasp the little blue handle and apply pressure.

Too much pressure could cause damage and with extreme pressure likely rupture the seacock causing the bilge to fill with fluid most likely a salty brine since we were out on the high seas looking for poggies to fill our live well with.

Laying in the prone position stretched across the rear splash well reaching down into the deepest recesses of the bilge, you were exposed to all your friends, family and those yet to be. With a firm grip upon the handle, force was applied. Grunts and groans were heard floating across the airways. Cuts, bruises and cramps were a result of near maximum strain. Considerable effort was applied just to make the handle go down. No matter who was performing or how much pressure was applied it just would not go down. Thus the original plan was abandoned causing embarrassment and for the possible health risk if the vessel went down. Thank goodness for Mylar stubbies and dead cigar minnows. Very few fish can turn down a proper presentation of this dead bait combination. At least we were able to savage a day of fishing. However, as we continued on with our day, our thoughts were never too far from the erect seacock. Yes, we imagined that the ten year old device had seen its better days. The small access hole leading down into the bilge would make things very, very difficult for a seacockectomy. Just how to remove this device was a topic of conversation. Self-mutilation by cutting a larger hole through the splash well for access was not a favorite thought. Reluctantly, all knew that this was a one man job and to perform the seacockectomy. Safely, it would need to be done on dryland. Gripping tools and possible small cutting power tools may need to be employed to remove it. Once the offending part is removed the second step of the procedure would need to take place: a seacockplasty.

In order to complete the seacockplasty, we would have to choose between the four differing types of seacocks. With seacocks, there are four types to choose from: traditional, ball valve, gate valve and plastic. The traditional and ball valve are closely related in appearance and would change little the performance once installed. These two devices do little to change the functionality of the complete assemble. Both allow for a quick visual inspection to determine if the device is open or shut. The gate valve device is not so visually friendly. The gate or wheel does not allow once to visually determine if it is open and shut. Also, some of these devices comes with a mixture of metals and when exposed to a water or salt water environment, their lifespan is drastically reduced. Metal mixtures may allow galvanic corrosion to set up limiting the lifespan

Trouble concluded

of the device and possibly your boat. The plastics or nylon valves seem to be gaining in popularity. These implants do have their rightful place and specific purposes. Implants maybe more visually appealing but, now days, the tide appears to be sailing on these as through hull fixtures. Good old fashion natural materials such as brass seemed to be a preferred material.

As with any story, there usually is a moral to be had. In this case, the proud boat captain gave the troublesome seacock one more go with it while it was on land. This time around lubricates were used along with a secondary handle to fit over the smaller one to increase leverage. With just enough oil and pressure the upright seacock was able to be moved and now it was free. So, it is always a good thing to keep your seacocks in fine working order with a little lubricate during your routine maintenance checks.

El Cheapo & Beyond!

Frank Jura has captained the El Cheapo and over saw its rise to a world class fishing tournament right here in our very own waters. Thirteen long years within those thirteen years, he spent tall days before the mast in which Frank plotted and set a wonderful course. When Frank took over the helm of the El Cheapo, we had approximately fifty plus boats fishing the tournament and the entry was a modest \$40 per boat and we had a prize structure of three places. How things have changed! Through Frank's direction and vision, the tournament grew to a record of 458 boats while the 'Great' Recession was taking place. A job well done! However, as all good things come to an end, Frank is now sailing for calmer waters. He has announced his intension to step away from the helm and join several of you with fishing this fair tournament. Frankly, he has been plotting this for a few years but the love of the tournament has kept him firmly in place as our captain.

This tournament is an embodiment of our club and our community pride. It is with everyone's help that Frank has been able to successfully guide the El Cheapo to become a premier tournament not only here in NE Florida but around the State of Florida and beyond. As we grow, we still need all hands on deck. Now, the El Cheapo will alter its course ever so slightly. A new tournament director has been given the helm. Your help and assistance will still be needed, for I am the 'new' Frank. As the new tournament director, I wish to be open for ideas which may better our tournament. These ideas will be listened to and thought upon to see how they match the vision for the El Cheapo. It is the vision of the tournament to maintain its place as a premier fishing tournament here in NE Florida. We will maintain our family point-of-view and do all that we can to nurture our Jr Angler division. Please email any of these idea to rdarner5@gmail.com. Stay tune and hold fast because before you know it, the 16th Annual El Cheapo will be upon us. February 27th is coming soon and this is the date for our next tournament.

Regards,
Rob Darner



The Kingfish, or King Mackerel

Actually a member of the Tuna family
They prefer water above 68 F and below 88 F
Optimum is 68 to 76 F

For July they are the main sport fish for us here in Northern Florida with the club's Kingfish Tune-Up tournament (That we just had.) and the Greater Jacksonville Kingfish Tournament being a week long event running from July 13th through the 18th.

Kingfish are actually good eating when fresh, and also smoke up well to make a Smoked Fish Dip!

Sun	Mon	Tue	Wed	Thur	Fri	Sat
<h1>July</h1>			1	2 Club Meeting Junior Angler Night	3	4
			5	6	7	8
12	13 Club Meeting	14	15	16	17	18
19	20	21	22	23 Club Meeting	24	25
26	27	28	29	30	31	



**COMING
EVENTS:**

- July 2 - Club Meeting - Junior Angler awards
- July 13th through 18th - Greater Jax Kingfish Tournament
- July 23 - Club Meeting (NOTE This is the 4th Thursday!)
- October 17th - THE ANNUAL AWARDS BANQUET



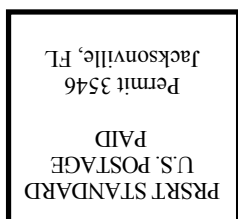
Tournament Schedule for 2015

Tournament	Month	Date	Alternate
The Ladies Tournament	August	1 - 8	Greg Wallace
The Light Tackle Tournament	August	22 - 29	Jack Ogin
The Bottom Tournament	September	5 - 12	Rob Cripe
Triple Challenge Tournament	October	5 - 12	Steve Shaw

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