



The Newsletter of the . . .

The Reel News



Serving the Northeast Florida Fishing Community Since 1959

Volume 52 Issue 7

July 2012

PRESIDENTS CASTINGS

Capt. Danny Del Rio



HAPPY INDEPENDENCE DAY! CELEBRATE JULY 4TH!

Hopefully July is starting off with great weather and good fishing!

Junior Angler Tournament was postponed to June 24th due to a weather report expecting windy weather. Hopefully the weather was good and everyone had a great day of fishing.

Fishing for Kingfish should be in full swing in July, weather permitting!

Our clubs Kingfish Tune-up Tournament is on July 8th and makeup date, if necessary, will be July 15th. This will be run by last year's winner, Greg Wallace. See Greg for information at the club meetings.

Our first meeting at the clubhouse is July 5th. Our guest speaker will be Dave Workman who will be talking about King fishing. This is one meeting you don't want to miss because he is well known for his knowledge of catching Kingfish. He has been the winner of several tournaments.

MAKE A NOTE: The second meeting in July will be moved to July 12th due to the conflict with the Jacksonville Kingfish Tournament. This meeting is the Junior Angler Tournament Awards night and ICE CREAM SOCIAL.

The Jacksonville Kingfish Tournament is July 16th thru July 21st. For more information on events go to // www.kingfishtournament.com/index.php

There will be NO Hamaker Cup during the Kingfish Tournament this year.

WHAT'S NEW!

Redfish/Spot Tournament Saturday July 21st. Entry Fee \$50 Per Angler.

University Kingfish Cup Challenge - Register for the General Tournament and qualify for the

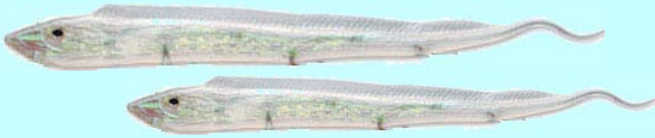
Presidents Message Continued

University Cup Challenge. The crew must consist of at least one alumni, student or parent of an alumni or student of that university.

Weigh in a Cobia, Wahoo, or Dolphin Thursday and Friday to Qualify for Additional Prizes.

Junior Angler Dock Fishing Tournament! Tuesday, July 17, 8:00am to 11:00 am

Tight Line and Safe Boating!
Danny Del Rio



Ribbon Fish

Also known as **Kingfish candy!** A great bait if trolled off a Down rigger about 10' off the bottom, or about 15' below and 20' behind your live Pogies!



KINGFISH

Also known as King Mackerel, or just KINGS. If you are really technical, they are also known to the scientific community as *Scomberomorus Cavalla*.

They are what the month of July is all about as far as fishing off Jacksonville is concerned. The club has it's Kingfish Tune-Up Tournament on July 8th, and then from July 16th through the 21st is the 32th Greater Jacksonville Kingfish Tournament!

Kings are a true member of the Tuna family (As are Wahoo for those of you who like to show off or make bets.) They are a Western Atlantic species, found from Brazil north to North Carolina. They prefer water temperatures from a low of 65° F to the highest of 88° F with their preferred range being from 68° F to 76° F. If you really want to tip the scales in your favor, carry a salinity tester and look for water in the 32 to 36 ppt. range. They can be found and caught from the breakers to well off shore.

Kings are constantly feeding predators that feed on any or all available food. Ribbon fish are like candy to them, but they also like Jacks, Sea Trout, Pogies, Thread Herring, Spanish Mackerel, Ballyhoo, Mullet, Sardine like fish, Cigar Minnows, Herring and Squid. and just about anything else that is smaller than they are.

Kingfish are a schooling and migrating fish and they spend the winter in south Florida then move north in the Spring and Summer.

They Spawn during Mid-Summer north of Miami in the Atlantic, and the Gulf of Mexico. The Gulf and Atlantic populations are considered to be separate, even thou they mix in the winter months.

The Kingfish is a streamlined fish, built for speed. It's two dorsal fins can fold back into a groove along it's back to reduce drag, and it has short pectoral fins and rows of small finlets from the dorsal and anal fins back to the big narrow tail.

The business end of these fish is truly dangerous! The entire mouth, both upper and lower jaws are nothing but teeth, razor sharp triangular teeth that can and will cut anything that comes in contact with them. (Don't wear Flip-Flops while kicking one into the fish box.)

Good luck and tight lines to all in the tournaments!



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It's Summer Time!

AKA - Fishing time!

As the title says, Summer is here, and more of us are catching fish. (At least I hope you are!) What do you do when you catch fish? You cook them and eat them! Here are some helpful tips to make your fish taste even better.

Thaw fish and shellfish in milk. The milk draws out the frozen taste and provides a fresh caught flavor.

Take the Fish out of the Refrigerator 30 minutes before cooking to allow to warm to room temperature. It cooks more evenly through out the entire fillet.

Try soaking fish in 1 cup vinegar / 3 cups water for 15 minutes before cooking for a sweet tender taste.

Microwave limes for 40 seconds before squeezing, you'll get twice the amount of juice.

Add 1 tablespoon of vinegar to the fat in which you are going to deep fry. It will keep the food from absorbing to much fat and eliminate the greasy taste.



How about some Smoked Shrimp!

Ingredients:

First get about 2 pounds of some fresh JUMBO Mayport Shrimp, 15 to 20 count or bigger.

8 Ounces of Cream Cheese

2 Ounces of Feta Cheese

1/4 Cup of Chives

2 Table Spoons of Minced Garlic

Whole Spinach Leaves

Gary Newman
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How to prepare your Smoked Shrimp:

Peel and devein shrimp, then cut them lengthwise down the SIDE of the shrimp, not quite all the way through or to the ends, you are making a pocket.

Mix together the cream cheese, chives, garlic, and feta cheese in a bowl until it is of equal consistency.

Stuff the mixture into the cut in the side of the shrimp.

Now loosely wrap the shrimp lengthwise in a spinach leaf and toothpick it.

Put them on a vegetable grilling sheet, (You know, the stainless steel sheet with hundreds of small holes in it.) or a disposable aluminum pan or and smoke over Mesquite chips around forty five minutes. Don't put them directly OVER the heat, but just to the side so the indirect heat slowly cooks and smokes them.



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Top's Tips Safety First

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ELECTROCUTION

With the advent of warmer weather in the summer months, we find ourselves, at times, with a desire to jump in the water for a quick dip to cool off. This activity is fine at the beach or regular swimming areas. However, stop and think before you jump into the water in or around any dock, boatlift, pier or boat where electricity may be in the water. Most of us never think about, or consider, the danger of electrocution as something to be concerned about in the safety of boating. We seldom give any thought to the fact that electricity may be in the water around or near the boat.

Many factors can contribute to the electrical marine environment responsible for fatalities, but the ultimate killer is alternating-current (AC) electricity in the water. It can stem from a wiring problem on a power boat that introduces voltage into the direct-current (DC) system, a low-level ground fault leakage in the marina AC shore power system, or other simple electrical malfunctions, such as deteriorating insulation on the lift motor wires of a boatlift.

Whatever the cause, if the AC is unable to reach ground (and potentially short and trip a breaker), it can create a deadly field in the water. A swimmer passing through this field is "seen" by the electrical current as a low-resistance path to the ground, especially in fresh water, where the human body makes a much better conductor because of its high salinity. The result of electric current passing through the body is electrocution.

There are technical ways to help prevent these situations, such as ground fault monitoring for low level leakage, as well as devices that boaters can buy for their vessels to lessen the chance of an electrical accident. Most marinas prohibit swimming because of the hidden electrical dangers, but such rules are certainly not mandated by law. Boaters should be leery of marinas that permit swimming around their docks because such facilities are not following widely accepted safety practices.

Electrocution accidents are not limited to marinas and shore power; they can also occur when people are swimming near any boat that is using an electrical generator or DC-AC inverter, if a fault exists in the electrical system. Because the body is most often completely submerged in water, the tell-tell burns of a traditional electrocution are nowhere to be found. Unfortunately, without the tell-tell sign of an electrical burn of a traditional electrocution; an electricity-related fatality can be very difficult to classify because there is nothing to see, touch, or smell.

While paralysis and/or ventricular fibrillation are usually the cause(s) of death, drowning is what often appears to be the most reasonable explanation. In some cases, drowning is actually the cause of death because even relatively low levels of electric current can result in paralysis, which renders the swimmer unable to stay afloat.

There is a haunting similarity among most reported incidents of electrocutions at, and around, marinas. Witnesses to such events have told of being unable to assist the victim because, upon approaching them, the would-be rescuer was overwhelmed by a tingling, numbing sensation in their extremities. More often than not, the indication was not an outright "shock". If you should find yourself in this situation, exit the water immediately.

We hear a lot about the problem with electricity in the water around commercial docks and marinas, but one area that is not well publicized is the private home dock or lift. A private home owner recently discovered that his electrical line from one side of his lift motor ran under the water to the opposite side lift motor. This is a very dangerous type installation that could emit an electrical charge into the water around his dock and be fatal to an unsuspecting swimmer. Also, we must be aware of dock lights and electrical outlets that can be immersed in water at flood tide.

Recreational boaters must be constantly vigilant and aware of their responsibility for the safety of themselves and their passengers and crew. As with all other boating safety issues, the most effective thing we can do is to create an awareness of the dangers of marine electrocution. By far the best rule to follow is: Never swim in, or around a marina. It is simply not worth the risk.

Follow this simple rule and continue to enjoy safe boating, and swimming, throughout the summer.

Top Ingram
Fish Tales

SOME NICE TO KNOW INFORMATION:

Lightning:

5 seconds between Flash and Thunder = 1 Mile
(FYI, 1 mile is WAY to close! 5 miles reduces the chance of a strike by 50% but is still to close for me.)

Weight:

Ever wonder how much weight you have added to your boat? A full load of gas? A 30 gallon Live well full of salt water? A 10 gallon fresh water tank for your sink?

1 Gal. of Gasoline = 6.1 Lbs. - 100 Gal = 610 Lbs
1 Gal of Saltwater = 8.55 Lbs. - 30 Gal = 256.5 Lbs
1 Gal. Of Freshwater = 8.3 Lbs. - 10 gal = 83 Lbs
Total = 949.5 Lbs

You don't think about it but it adds up fast!

Fish Weight Formula:

This weight formula will give you the approximate weight of your catch if it is to big for your hand scale.

Girth in inches Squared, Times Length in inches
Divided by 800 = Weight in Pounds.

$G^2 \times L \div 800 = \text{Weight in Lbs}$

**Wear your Life Jacket
at least while you are
under way!**



I FISH, THEREFORE I LIE.

Associate Member of the Month !



Ocean Waves have always been there for the JOSFC, stepping up big time every year! They are located on N. 3rd Street, just a couple of blocks North of Beach Blvd.

525 North 3rd Street Suite 105
Jacksonville Beach, FL
(904)247-7871 (800)749-9920

The Showroom is Open Monday - Friday 9am to 5pm
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Loud Hailings

Newsletter Editor
Bill Breen

Anyone can submit an article for the Reel News just send or give it to me at any time. I really like to feature PICTURES of club members with some good catches, like these in this issue. Either give me a hardcopy at a meeting or or E-mail me your pictures at:



breenw@bellsouth.net

PH# 904-254-2791

Instant Crew, Just Add Water

Our own club member Tim Altman has created the web-site AVAILABLE ANGLER where you can go to find a ride or crew. Just go to:

<http://www.availableangler.com/>

Want to catch some of those extinct Red Snapper?

Bill Wilderotter knows where and how to catch some! He has a friend that is a charter Captain in the Panhandle that has some good spots!



Bill & Captain Art Jones




Some fish from a 4 hour Charter



Bill helped his friend on a 4 hour and a 6 hour charter, and these are just some of the fish caught. The lady in the straw hat is a 77 year old retired Nurse. They all limited out on both trips that Bill was on!



Remember to shop at our sponsors and support them as often as you can!

Sun	Mon	Tues	Wed	Thur	Fri	Sat
1 🐟🐟	2 Board Meeting 🐟🐟🐟	3 🐟🐟🐟	4 Independence Day 🐟🐟🐟🐟	5 Club Meeting Dave Workman Jr. seminar 🐟🐟🐟	6 🐟🐟	7 🐟
8 🐟	9 🐟	10 🐟🐟	11 🐟🐟	12 Club Meeting Moved due to greater Jax Kingfish 🐟🐟🐟	13 🐟🐟	14 🐟🐟
15 🐟🐟	16 THE GREATER JACKSONVILLE	17 🐟🐟🐟	18 🐟🐟🐟	19 KINGFISH	20 TOURNAMENT	21 Redfish Spot Tournament 🐟🐟🐟
22 🐟🐟	23 🐟🐟	24 🐟🐟	25 🐟🐟	26 🐟🐟	27 🐟🐟	28 🐟🐟
29 🐟🐟	30 🐟🐟	31 🐟🐟	July			

Coming Events:



- July 4th - United States Independence Day!
- July 5th - Club Meeting - Guest Speaker Dave Workman!
- July 8th - Club Kingfish Tune-up Tournament.
- July 12th - Club Meeting Moved up 1 week!**
- July 16 - 21st - Greater Jax Kingfish Tournament.
- July 21st - Redfish Spot Tournament.
- October 20, 2012 is the Annual Awards Banquet.



Of all the liars among mankind, fisherman are the most trustworthy!

Tournament Schedule for 2010

Tournament	-	-	Month	-	-	-Date / Alternate
						Saturday - Sunday
The Kingfish Tune-Up Tournament	-		July	-	-	8 / 15 ----- Greg Wallace
The Powder Puff Tournament	-		August	-	-	-----12 / 19 -- Tina Proescher
The Light Tackle Tournament	-		August	-	-	----- 26/ September -1 - Tournament Director
The Bottom Tournament	-		September	-	-	----- 8 ----- 9 -- AJ Proescher

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