



Bill Breen with a 30 Lb Kingfish caught on Chuck Darner's boat with Chucks TOY spinning Rod & Reel

KiNGFiSH

Also known as King Mackerel, or just KINGS. If you are really technical, they are also known to the scientific community as *Scomberomorus cavalla*.

They is what the month of July is all about as far as fishing off Jacksonville is concerned. The club has it's Kingfish Tune-Up Tournament on July 17th, and then from July 19th through the 24th is the 30th Greater Jacksonville Kingfish Tournament!

Kings are a true member of the Tuna family (As are Wahoo for those of you who like to show off or make bets.) They are a Western Atlantic species, found from Brazil north to North Carolina. They prefer water temperatures from a low of 65° F to the highest of 88° F with their preferred range being form 68° F to 76° F. If you really want to tip the scales in your favor, carry a salinity tester and look for water in the 32 to 36 ppt. range. They can be found and caught from the breakers to well off shore.

Kings are constantly feeding predators that feed on any or all available food. Ribbon fish are like candy to them, but they also like Jacks, Sea Trout, Pogies, Thread Herring, Spanish Mackerel, Ballyhoo, Mullet, Sardine like fish, Cigar Minnows, Herring and Squid. and just about anything else that is smaller than they are.

Kingfish are a schooling and migrating fish and they spend the winter in south Florida then move north in the Spring and Summer.

They Spawn during Mid-Summer north of Miami in the Atlantic, and the Gulf of Mexico. The Gulf and Atlantic populations are considered to be separate, even thou they mix in the winter months.

The Kingfish is a streamlined fish, built for speed. It's two dorsal fins can fold back into a groove along it's back to reduce drag, and it has short pectoral fins and rows of small finlets from the dorsal and anal fins back to the big narrow tail.

The business end of these fish is truly dangerous! The entire mouth, both upper and lower jaws are nothing but teeth, razor sharp triangular teeth that can and will cut anything that comes in contact with them. (Don't wear Flip-Flops while kicking one into the fish box.)

Good luck and tight lines to all in the tournaments!



Yes, that is our own Rob Darner on the leader board at the King Buster 400! Rob and crew ended up placing a very respectful 5th place with that fish.



RIBBON FISH FOR SALE

OK everyone, we once again have our secret source for some great Ribbon Fish for bait for not just the Greater Jax Kingfish Tournament, but any kingfishing you want to do.

J.D. has some great Ribbon Fish for sale. He has some premium, and some really good net caught Ribbon Fish for sale. He can be reached at 868-0092, and lives at 5821 Heckscher Dr. Be sure to call first as he may be out catching some more premium bait.

Be sure to have your JOSFC membership card with you as he will give members a discount off his already good prices!



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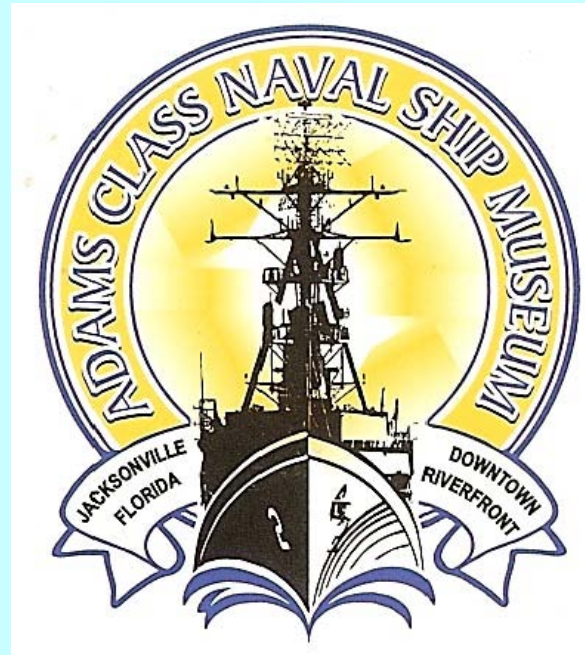
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Here is something that some of us might be interested in getting involved with. This group is trying to get a Navy ship as a historical museum for Jacksonville.

If you are interested, you can contact the Jacksonville Historic Naval Ship Association at the Jacksonville Landing, 2 Independent Drive, Suite 144, Jacksonville, Florida, 32202, or phone - 904-647-5177, or go to www.adamsclassmuseum.org

How about a couple of Recipes to tempt your taste buds!



Any White meat Fish

Ingredients:

- 4 Filets
- ¼ Cup Butter
- 1.4 Cup white wine, a Chardonnay is perfect for this.
- ½ Teaspoon Rosmary
- ½ Teaspoon Thyme
- ½ Teaspoon Basil

How to:

Take the fish out of the Refrigerator 30 minutes before cooking to allow to warm to room temperature .

Melt the butter in a large frying pan, at a medium heat. Then pour in the Wine. Add the spices, crushing them between your fingers as you add them, or grinding them finely just before adding.

Stir everything briefly, then add the filets. Cook about 5 minutes per side, or until easily flaked with a fork

Garnish as you like, and serve while still piping hot.

Helpful Hints & Tips

Thaw fish and shellfish in milk. The milk draws out the frozen taste and provides a fresh caught flavor.

Take the Fish out of the Refrigerator 30 minutes before cooking to allow to warm to room temperature.

Try soaking fish in 1 cup vinegar / 3 cups water for 15 minutes before cooking for a sweet tender taste.

Microwave limes for 40 seconds before squeezing, you'll get twice the amount of juice.

Add 1 tablespoon of vinegar to the fat in which you are going to deep fry. It will keep the food from absorbing to much fat and eliminate the greasy taste.



Get two pounds of 15 -20 count shrimp. (AJ Proescher can help you there.

8 ounces of cream cheese, softened

2 ounces of feta cheese, softened

1/4 Cup of chives

2 tbl spns of minced garlic

whole spinach leaves

Peel and devein shrimp, then cut them lengthwise down the SIDE of the shrimp, not quite all the way through. Mix together the cream cheese, chives, garlic, and feta cheese in a bowl until it is of equal consistency. Stuff the mixture into the cut in the side of the shrimp, then loosely wrap the shrimp lengthwise in a spinach leaf and toothpick it.

Put on a disposable aluminum pan and smoke over Mesquite chips around forty five minutes.



Top's Tips Safety First

Top Ingram
Safety Officer

ELECTROCUTION

I had intended for this article to be all about electrocution as you can tell from the subject. However, with the advent of the most recent near tragedy off Mayport, I felt compelled to first appeal to everyone to file a float plan and wear a life jacket when going off shore. If you did not see the story on TV or read the newspaper, only luck saved three persons from drowning when their 20-foot boat capsized and dumped them into the Atlantic ocean off Mayport. They had not filed a float plan and none of them were wearing life jackets. The Coast Guard was searching a very large area for them since the details of the trip were not known to anyone on shore. Since no float plan was filed, the Coast Guard had no idea where to start the search. Only by luck did a fisherman happen to run across them east of Brunswick hanging onto a cooler from the boat. This incident could have had a very tragic ending. Please file a float plan and wear your life jacket when you go off shore.

Now, back to the original intent of this article. Most of us never think about, or consider, the danger of electrocution as something to be concerned about in the safety of boating. However, with the advent of warmer weather in the summer months, we find ourselves, at times, with a desire to jump in the water for a quick dip without giving any thought to the fact that electricity may be in the water around or near the boat.

Many factors can contribute to the electrical marine environment responsible for fatalities, but the ultimate killer is alternating-current (AC) electricity in the water. It can stem from a wiring problem on a power boat that introduces voltage into the direct-current (DC) system, a low-level ground fault leakage in the marina AC shore power system, or other simple electrical malfunctions, such as deteriorating insulation.

Whatever the cause, if the AC is unable to reach ground (and potentially short and trip a breaker), it can create a deadly field in the water. A swimmer passing through this field is "seen" by the electrical current as a low-resistance path to the ground, especially in fresh water, where the human body makes a much better conductor

because of its high salinity. The result of electric current passing through the body is electrocution.

There are technical ways to help prevent these situations, such as ground fault monitoring for low level leakage, as well as devices that boaters can buy for their vessels to lessen the chance of an electrical accident. Most marinas prohibit swimming because of the hidden electrical dangers, but such rules are certainly not mandated by law. Boaters should be leery of marinas that permit swimming around their docks because such facilities are not following widely accepted safety practices.

Electrocution accidents are not limited to marinas and shore power; they can also occur when people are swimming near any boat that is using an electrical generator or DC-AC inverter, if a fault exists in the electrical system. Because the body is most often completely submerged in water, the tell-tell burns of a traditional electrocution are nowhere to be found. Unfortunately, without the tell-tell sign of an electrical burn of a traditional electrocution; an electricity-related fatality can be very difficult to classify because there is nothing to see, touch, or smell.

While paralysis and/or ventricular fibrillation are usually the cause(s) of death, drowning is what often appears to be the most reasonable explanation. In some cases, drowning is actually the cause of death because even relatively low levels of electric current can result in paralysis, which renders the swimmer unable to stay afloat.

There is a haunting similarity among most reported incidents of electrocutions at, and around, marinas. Witnesses to such events have told of being unable to assist the victim because, upon approaching them, the would-be rescuer was overwhelmed by a tingling, numbing sensation in their extremities. More often than not, the indication was not an outright "shock". If you should find yourself in this situation, exit the water immediately.

We hear a lot about the problem with electricity in the water around commercial docks and marinas, but one area that is not well publicized is the private home dock or lift. A private home owner recently discovered that his electrical line from one side of his lift motor ran under the water to the opposite side lift motor. This is a very dangerous type installation that could emit an electrical charge into the water around his dock and be fatal to an

Associate Member of the Month

No, this is NOT a mistake, They are our Associate Member of the Month for a second month in a row! There are two reasons for this.

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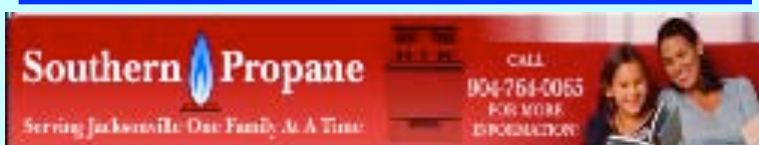
SERVICE & REPAIR • ACCESSORIES

First, they are a great business to deal with! Second, I goofed last month, and used the above add, with their old address on it. The above address is their current address, and the place to go for anything to do with grilling, and propane products of all types.

Southern Propane is a big supporter of our club, so if you need anything, check them out!

www.southernpropane.net

**Remember, we need to
support the businesses that
support our club!**



unsuspecting swimmer. Also, we must be aware of dock lights and electrical outlets that can be immersed in water at flood tide.

Recreational boaters must be constantly vigilant and aware of their responsibility for the safety of themselves and their passengers and crew. As with all other boating safety issues, the most effective thing we can do is to create an awareness of the dangers of marine electrocution. By far the best rule to follow is: Never swim in, or around a marina. It is simply not worth the risk.

Top Ingram
Fish Tales

SOME NICE TO KNOW INFORMATION:

Lightning:

5 seconds between Flash and Thunder = 1 Mile

Weight:

1 Gal. of Gasoline = 6.1 Lbs.

1 Gal of Saltwater = 8.55 Lbs.

1 Gal. Of Freshwater = 8.3 Lbs.

Fish Weight Formula:

Girth in inches Squared, Times Length in inches
Divided by 800 = Weight in Pounds.

$$G^2 \times L \div 800 = \text{Weight in Lbs}$$



Loud Hailings

Newsletter Editor
Bill Breen

Butch Ogin, our Program Director, says that if you have a suggestion for a guest speaker or know anyone he can trick into giving a talk at the club, be sure to give him their name so he can contact them. Lets help Butch out!

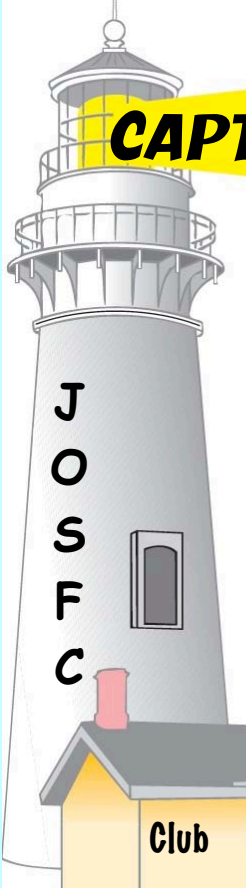
I really like to feature PICTURES of club members with some good catches. Either give me a hardcopy at a meeting (I will return it to you) or Phone, Fax, or E-mail me your pictures at: PH# 904-254-2791 Fax#904-213-9786 breenw@bellsouth.net Don't forget to include your name spelled correctly and the fish weight.

Anyone can submit an article for the Reel News just send or give it to me at any time.

Instant Crew, Just Add Water

<u>Name</u>	- <u>Phone</u>	- <u>Availability</u>	- <u>Can call the Night before.</u>
Pete St.Laurent	- C = 220-9199	Most weekends	Up to 8:00 pm
Gene Fulgham	- C = 641-9970	Any day	Up to 8:00 pm
Frank Grassi	-C = 234-7369	Sunday	Up to 8:00 pm
Richard Fisher	- H = 221-9629 - Cell 738-1010	Nearly every day	Up to 8:00 PM the day before.
John Porcella	- C = 610-3855	Nearly any day	Up to 10:00 PM
Joe Esparza	- C = 536 - 4114	Any Day	Up to 10:00 pm
Phillip Ferdon	- H = 879-0184 C = 887-6736	Fri. Sat.	Up to 9:00 pm
Rod Saffles	- C =993-6986	Any Day	Up to Midnight
Ron Hunter	- C = 733-1197	From Noon Wednesday through Sunday	Up to 8:00 PM
Ronald Cowart	- C = 879-4724	Weekends	Up to 9:00 PM
Greg Cole	- C = 412 - 5722	Any Day	Up to 9:00 PM





THE RACE FOR

CAPTAIN OF THE

PLACE	CAPTAIN	POINTS
1 -	Eddie McGowan	27
2 -	Chris Rooney	21
3 -	Steve Kalaitzis	20
4 -	Paul Camia	12
5 -	Paul Gallup	10
5 -	Greg Wallace	10
6 -	Chuck Darner	8
7 -	Tim Altman	7
7 -	AJ Proescher	7
7 -	Tim Altman	7
8 -	Laddie Birge	6
9 -	Don Cook	5
9 -	Chris Bernacki	5
10 -	Tony Thompson	3
10 -	Tom meyer	3

Assuming that everyone in the top 10 fished the Junior Angler Tournament, they all got 10 points for participating, and the positions did not change. The Junior Angler Tournament was fished too late for me to get the results for this issue, but I will have it updated on the Web-site as soon as I get the results.

Talking about the Web-site, www.jaxfish.com I would like to remind everyone to check it often, as I update it as soon as we have anything new to tell everyone. We are also selling advertisement space on it, and would like our members to promote the site to get new people to look at it. Don't forget that we also have the LIVE Marine Radio where you can listen to the boats out fishing from your computer. You can tell other people about the Live marine radio where they can listen to the AT&T Greater Jacksonville Kiingfish Tournament as it happens.

To condense the above paragraph...

Tell Everyone about www.jaxfish.com

Sun	Mon	Tues	Wed	Thur	Fri	Sat				
	July			1 Club Meeting	2	3				
				4	5 Board Meeting	6	7	8	9	10
				11	12	13	14	15 Club Meeting	16	17 Kingfish Tune-up Tournament
				18	19	20	21	22	23	24
				THE A T & T GREATER JACKSONVILLE KINGFISH TOURNAMENT						
25	26	27	28	29	30					

Coming Events:

July 17th - Our Kingfish Tune-up Tournament

July 19th Through the 24th - Greater Jax Kingfish Tournament

October 16th - Our Annual Awards Banquet



Tournament Schedule for 2010

Tournament	-	-	Month	-	-	-Date / Alternate
						Saturday - Sunday
The Kingfish Tune-Up Tournament -			July	-	-	17 / 18
The Powder Puff Tournament -			August	-	-	7 / 14
The Light Tackle Tournament -			August	-	-	22/29
The Bottom Tournament -			September	-	-	11

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