

Volume 53 Issue 1

PRESIDENTS CASTINGS Capt. Paul Gallup

Hello everybody and Happy New Year. I hope everybody had a wonderful Christmas holiday and things are getting back to normal around your house.

The Christmas party was a great success and congratulations to the lucky dog AJ for winning the lure tree as well as the rod and reel. The tree was filled with lots of great stuff for sure, but he did have to pull double duty and run both vacuums. Thank you to everybody that brought a dish, everything was enjoyed by all. Thank you Santa for stopping buy to make sure all of our younger members were taken care of as well.

Its now January and that means memberships are now due. If you have fish on the boards and you are not renewed, unfortunately they will have to come down. Tom Darga has stepped in to fill in for Rob Darner with membership, but you can see anybody on the board to renew, or do it on-line at our website.

The El Cheapo is under way and coming along nicely and will be here before you know it. We will be having a full volunteer meeting on the 24th at 7:30PM at the club house. This will be the nuts and bolts of the tournament. For those of you who have never been on the planning side or the actual putting it on the day of the tournament, it is quite impressive. Anybody is welcome to help and also encouraged to do the same. Please watch your e-mails for upcoming meetings about the tournament. I have also been told by Frank Joura, our tournament director, that as well as first and second we



January 2013

It's Coming!!!!!

The El Cheapo Tournament is next month! February 23, 2013 to be exact!

As you all know, this is the biggest fund raiser that the club puts on for the year. AND the most fun!

This year we need Volunteers for : Clubhouse & Grounds Clean-up - Saturday February 9th 2013

Captain's Bag Stuffing - the evening of Feb. 21th, before the club meeting, about 5:00 pm **Registration** - the evening of Feb. 22nd. the

Captain's meeting and the 23rd.

Set-Up - Feb. 22nd Friday starting at about 11:00AM

Cooking - <u>2 full crews needed</u> Feb. 23rd all day. **Serving -** Feb. 23rd. from about noon on.

Fish Cleaning - Feb. 23rd all afternoon.

Trash - Feb. 23rd all day.

Tear-Down - Feb. 23rd evening after the event.

There will be a meeting for all volunteers at the clubhouse on Thursday, January 24, 2013, at 7:30 PM

If you can volunteer and can't make the meeting, let me know.

Bill Breen - 254-2791 breenw@bellsouth.net

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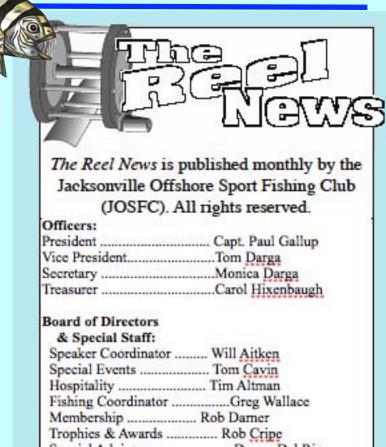
Presidents Message Continued

now have a boat and motor for third place. Way to go Frank!!

The second meeting this month is our annual swap meet at the club. If you've got anything that you want to get rid of now's a perfect time to do it. Who knows, you might find something that some one wants to get rid if that you just cant live with out. I know I've gotten some stuff that I have used a lot!!

Steve Grant from C&H lures will be our guest speaker that night and will be giving a seminar on Wahoo fishing. On the fishing front, things have been good on the inshore side with plenty of trout, reds, flounder and sheepshead. Offshore when boats can go there have been some good catches of Wahoo in the deep water as well as some very nice grouper. Unfortunately the Federal government still has us all ham stringed from keeping just about any thing.

Until next time, tight lines, fair winds and following seas. Capt. Paul Gallup



Special AdvisorDanny Del Rio Newsletter Editor / Website ... Bill Breen Newsletter & Marine Radio.... Mike Murphy ©Copyright 2012



Well it is now 2013 and I have still never caught a Wahoo! For those of you in the same boat as me, on January 17th we will have The Incomparable, The Great, The Only Captain Steve Grant from C & H Lures giving a Seminar on You guessed it, Wahoo fishing!

Steve is known for his success at catching (That is actually catching, not just fishing for, but catching lots and lots of nice Wahoo.) these fast, powerful and toothy fish. He will be giving us the benefit of his experience in a great Seminar and he might even leak some of his best secrets to us!

Steve and the crew at C & H Lures can outfit any of us that go in there with everything that we will need to catch some great big Wahoo!

That meeting is our Annual "Swap Meet" with dinner starting about 7:30 PM and the Seminar at 8:00 PM

Ok everyone, It is 2013, and the new fishing season is upon us. How about thinking SAFETY FIRST!

THIS IS A TEST!!!

You probably already failed! That is NOT a good thing. Can you answer these questions without looking up some of the answers?

1 - Did you leave a FLOAT PLAN with someone, or on the dash of your tow vehicle?

2 - What date was your single, woefully too small, fire extinguisher last checked? Is it current, or has it been sitting in it's holder for the last 2+ years with all the dry chemical compacted and hard at the bottom? Do you have a big enough Fire Extinguisher? They are cheep, why not have two or three on board?

3 - What is the expiration date on your Flares?

4 - Is your ditch bag sitting out where it will be available and have an EEPER attached to it?

6 - Do you even have an EEPER? Why NOT? They are just a couple of hundred now! Isn't your life and your crews life worth that little money? Are it's Batteries good? They should be replaced every 5 years!

7 - Does your ditch bag have enough water for everyone for a couple days?

8 - What year did you last replace the batteries in your hand held VHF radio? Is it IN your Ditch Bag? The same thing for your hand held GPS?

9 - Where is your hand operated bailing device?

10 - Does your hand held air horn work? What you don't have one?

11 - Where is your distress FLAG?

12 - Where is your signal mirror

13 - Is the "O" ring on your drain plug old and brittle?

14 - First aid kit current? How long ago did your first aid kit perishables expire? Yes Iodine expires! Here is something to think about. A lot of the (Other guys, not me) members are getting older. Does your first aid kit have some of the new crystalized Aspirin to dissolve under the tongue in case of a heart attack?

15 - Tested your VHF, or better yet upgraded to a new one with the DCS position sending feature?

16 - Checked all your hose fittings are tight, and no corroded Electrical connections?

17 - Your bilge pump working and have a backup if it goes out?

18 - Are your Life Jackets good and readily handy?

19 - Do you give your crew a safety "Tour" before each trip? Make sure they know where everything is and how to work it in case you are disabled?

20 - Have your throwable life preserver handy?

21 - When was the last time you had your wheel bearings packed?

If you did not know the answer to any ONE of these questions, you failed this quick test.

Lucky for you, your boat isn't taking on water, or someone seriously injured and you aren't trying to answer any one of these questions in a panic to save a life!

Now is the "Off Season" and you now have a chance to correct any of these shortcomings BEFORE your next outing, and avoid the serious consequences of not being prepared.

Remember --- Keep your VHF radio on! Don't miss a club members distress call! Bill Breen



Life Jackets, Yeah, I know you don't wear one most of the time, but maybe you should consider wearing one at least while the boat is underway!

Or you could tie one to the below items to you to try to help keep you <u>in</u> the boat when it hits a wake, log or turtle you didn't see!





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Top's Tips Safety First

Top Ingram Safety Officer

Hypothermia

A recent incident in Indian River County is a reminder for everyone to wear their life jacket at all times, and especially, when under way. While underway on plane, the operator and passenger of a 10 foot jon boat were ejected after the vessel struck a submerged log and capsized. The passenger was found deceased when rescue personnel arrived on scene. The operator was able to swim to shore. Neither occupant was wearing a life jacket when they entered the water.

Starting next month as the cold weather moves into our area, we normally think more about staying warm when fishing in the cold, windy weather. Also, with the "El Cheapo" tournament scheduled for February 25, all Captains should be giving some thought to the prevention of hypothermia. Hypothermia can pose a problem for boaters anytime of the year, but should be of greater concern to all Captains as we approach colder weather.

Hypothermia occurs when the body loses heat faster than it can produce it. As a Captain, have you ever thought about what a life jacket has in common with a blanket relative to hypothermia and safety in boating? Both can save your life when you are facing a major killer in aquatic mishaps such as hypothermia. As a result, you should carry both of these items on your boat. A life jacket is a federal and state requirement, but a blanket is not. However, all boaters should carry a blanket on board.

A life jacket, obviously, will keep you afloat, but can also help ward off hypothermia by trapping warmed water between it and your body. A blanket can help prevent hypothermia by reducing body heat loss. Most boaters do not have a full understanding of hypothermia and how it can impact them. Most people think of hypothermia as "freezing to death" or frost bite. Hypothermia can kill a person at temperatures well above freezing.

Hypothermia occurs most rapidly when your body is immersed in cold water but may occur at anytime

especially in windy situations if your clothing is wet. In water at 50 degrees, the predicted time for survival is 1.5 to 3 hours. It can also occur in water as warm as 80 degrees if you are exposed for a long period of time. For instance, in70 to 80 degree water, a person may become exhausted or unconscious in as little as 2 to 12 hours with an expected time of survival of 3 plus hours. If you should fall overboard with a life jacket on, do not exert yourself. Keep your arms at your side and your legs together to conserve heat.

If you find yourself in the water without a life jacket conserving heat is even more important since you will have to keep yourself afloat. Do not try to swim, but exert as little effort as possible to float until rescued. An individual who falls overboard without a life jacket has virtually no chance of conserving heat loss. In fact, many individuals, who fall overboard, seem to lose the ability to climb back on board or to hang onto some craft of object, since there is a progressive decline in muscle strength following immersion in cold water. However, if possible, get out of the water as heat loss is less to cold air than to cold water. Always try to get out of the water.

A person's body burns food to give it energy and maintain its temperature. When your body cools, blood moves from the surface area to the vital organs and you burn stored food to generate heat. Shivering is the first sign that your body is telling you that its temperature is below normal and action is required to correct the situation. If nothing is done, your body will begin a systematic shutdown. It is at this point; a blanket can be a lifesaver. A shivering person should be attended to immediately and dried if wet, removed from the wind and covered with a blanket and kept as warm as possible to conserve body heat.

If confronted with a hypothermic person, always remember that hypothermia is a serious medical problem. Make the person as comfortable as possible and seek medical help as soon as possible. If some distance from the shore, inform the Coast Guard by radio and they may send a medivac copter to remove the victim.

The best solution for hypothermia, however, is to prevent it by wearing protective gear, staying dry and out of the wind. Never go into a potentially hypothermic situation without having eaten a good meal and be aware that hypothermia can kill you. Exercise the necessary

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Hypothermia Cont.

precautions to prevent hypothermia and continue to enjoy safe boating throughout the year.

Top Ingram Fish Tales

The Fatal Scenario

When your body's core Temperature reaches:

96 Degrees Fahrenheit - Violent shivering begins.

95 Degrees Fahrenheit - Rational thought stops.

93.2 Degrees Fahrenheit - Consciousness becomes clouded.

92 Degrees Fahrenheit - Memory loss, hallucinating begins.

91.4 Degrees Fahrenheit - Shivering stops.

90 Degrees Fahrenheit - You become unconscious.

86 Degrees Fahrenheit - Death results from heart failure.

86 Degrees Fahrenheit is the ambient temperature of a fairly hot summer day. Our

temperature of a fairly hot summer day. Our water off Jacksonville is rarely that warm!

It doesn't have to be freezing out to kill you!

SHEEPSHEAD RECORDS

- EL CHEAPO SHEEPSHEAD TOURNAMENT RECORD:
- 12.9#'s, 2/28/09, Shawn Parnell, Mayport, FL



- FLORIDA STATE RECORD:
- 15# 2oz., 1/29/81, Eugene Lechler, Homosassa Springs, F



- WORLD RECORD:
- 21# 4oz., 4/92, Wayne Deselle, Bayou St. John, Louisiana





Captain Chris Rooney (Above) and John Porcella (Below) had a good day bottom fishing in the Rocked up Grouper Challenge. John's looks like a potential winner!



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If you are actually reading this, chances are you have not renewed your membership YET. I want to remind everyone that even if you don't come to all the club meetings, we still value your membership. Without you we could never put on the El Cheapo, support the Hook the Future Foundation, support the local Reef Building efforts to improve our fishing, (This use to be the club's main activity until the government required that the permits go to the City not a private organization, but we still help TISIRI a lot.) and we are fighting the Federal Gov. on their phony closures of our fishing. Every member we have gives our voice more power when we contact our representatives in Congress and the Senate.

If you haven't renewed by now and you had any fish on the Boards, they have come off as per the club By-Laws.

Remember there are all types of benefits to belonging to your club. Your Membership card is worth 10% to 15% off at various fishing and boating businesses around town. You can get two free meals a month just by coming to the meetings! You can learn valuable fishing information from our educational Seminars that our Guest Speakers give at the meetings. You have all kinds of friends with various Skills that you can call on for help with your boat or anything else. IF that skill is their business, you can get a great discount, if it is a talent, you can get some free help.

Last year one member (That I still owe a free Ledge trip to.) came to my house and helped me remove my gas tank and get to my live well pump and fix it.

Please renew now! When you do, be sure to get your new membership card so you can get those discounts!

Membership in the JOSFC is well worth it, and you can't beat the value.



APPLICATION FOR MEMBERSHIP (Renewal)

The JOSFC invites the participation of all area fishing enthusiast and is dedicated to conservation, preservation and fellowship with our membership.

NAME	HOME PH		
SPOUSE'S NAME	WORK PH		
ADDRESS			
CITY, STATE	ZIP		
E-MAIL			
BOAT NAME			
Family Membership \$50.00 (Husband, Wife, & Children under 16)	 Individual Member \$40.00 Paid Junior Member \$5.00 		
 Annual Associate Member\$200.00 (For Business Concerns) Life Member Individual\$250.00 	Application Fee		
Life Family Membership \$300.00	Total Remittance		
Signature	Date		

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Sun	Mon	Tues	Wed	Thur	Fri	Sat
	STORE S	1	2	3 Club Meeting Speaker Joe Kestel of TISIRI (Reefs)	4	5
6	7 Board Meeting	8	9	10	11	12
13	14	15	16	17 Club Meeting Annual Swap Meet. Steve Grant Speaker	18	19
20	21	22	23	El Cheapo Volunteer meeting 7:30 pm at clubhouse.	25	26
27	28	29 *** **	30	31	January	



Southern

Jan 3rd - Club Meeting .

Jan 7th - Board Meeting at Cracker Barrel (95 & JTB). Jan 17th - Club Meeting, Swap Meet and Steve Grant Wahoo Seminar. Jan 24th - El Cheapo Full Colunteer meeting at 7:30 PM at Club House. February 9th - 8:00 AM Club house & Grounds Cleanup Everyone invited to help! February 21st - 5:00 pm Captains Bag stuffing of rEl Cheapo. February 22nd - 8:00AM All Day Set-up for the El Cheapo.

February 23rd All Day the EL Cheapo!

Propane

REMEMBER TO SHOP AT OUR SPONSORS AND SUPPORT THEM AS OFTEN AS YOU CAN.

Serving Jacksonville One Family At A Time

904-764-0065 FOR MORE INFORMATION!

CALL

Permit 3546 Jacksonville, FL

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It is PAST time to renew you membership!

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Academy Sports • Adam Nichols Artworks • Advantage signs • All Aluminum Concepts • Amelia Island Bait & tackle • Angie's Sub Shop • Atlantic Coast Marine • Atlantic Engraving & Graphics • Available Angler • Avid Angler • B & M Bait & Tackle • Beach Plaza Auto Care • Best Western Mayport • Boat U. S./Angler • Boathouse Discount Marine • Boattronics
• BOCA Bearings • Bonefish Grill • Bowen Upholstery • Brown's Creek Fish Camp • C & H

