



The Newsletter of the . . .

The Reel News



Serving the Northeast Florida Fishing Community Since 1959

Volume 59 Issue 11

November 2019



PRESIDENTS CAST NET Tom Ruggles

November has come and with November comes the changing of the Board. I'm sorry that you aren't able to have a president every year who is a good angler, well organized leader and a looker to boot. But, fortunately, this year I've got you covered!

A bit about me. I moved to the Jacksonville area in 2002 with my wife Kathleen. We fish a 23' Sportsman. I am far from the best fisherman in the club, but I hold my own. My claims to fame are my one and only sailfish back in 2016 and my record acadian redfish (4 Lbs) in Maine back in 2015 (you can google "Ruggles tacklebusters maine" if you don't believe me).

My wife is also from Massachusetts, but she is nice anyway. My daughters, Kayleigh and Alyssa, are Florida grown. All three are very good anglers and are proud El Cheapo volunteers.

So here we are. The banquet has passed, the boards are clear and we start again. This is the time of year that many of us impersonate inshore fishermen,

Continued Page 2

Our 2019 Awards Banquet!

If you were not there you missed another GREAT Banquet! There were over 80 people there that all enjoyed a great meal, and had FUN with some funny Awards and applauded the Board winners and the Captain's of the Year!

The New Officers and Board were installed and are now running things, and our Past President Trina Polkey is working hard as the Tournament Director of the El Cheapo Sheepshead Tournament!

Just in case you have been living under a Sea Shell, Here are your new officers and Board.

OFFICERS:

President - Tom Ruggles
Vice President - Derek Siegel
Secretary - Jamie Underwood
Treasurer - Steve Guthrie

BOARD:

Cassi Washington
Steve Shaw
Greg Wallace
Hal Hanna
Terri Breen
James Carter
Tom Darga
Bill Breen

We also awarded the

Volunteer of the Year - Bob Houghton
Sportsman of the Year - Branden Prato

Banquet Continued Page 2

Cast Net Continued

usually while we lament the seemingly never-ending winds. And of course, folks like George, Branden and Dustin remind us that they are the actual inshore fishermen.

The shrimp have been abundant. The reds have been impressive. Heck, even I have been catching inshore. And, with the Flounder Pounder next weekend, we should see how well the flounder are doing. Take some time, enjoy the short ride and the fuel savings and go get some! And if you find any killer spots, be sure to share them on Dock Talk ;-).

Acadian Redfish

Sebastes fasciatus



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Officers:

- President Trina Polkey
- Vice President..... Tony Thompson
- Secretary Tom Cavin
- Treasurer Gary Lock

Board of Directors & Special Staff:

- Tom Darga - Tournament Director
- Cassi Washington - Awards & Events
- Tom Ruggles - Website & Newsletter
- Greg Wallace - Fishing Director
- Terri Breen - Membership
- Sara Carpenter - Media Director
- Tasha Mincey - Hospitality (Temp.)
- Derek Siegel - Speaker Director
- Capt. Chris Rooney - Advisor to the Board
- Assist. Newsletter Editor / Website ... Bill Breen
- Newsletter & Marine Radio.... Mike Murphy

Banquet Continued

Some of the fun Awards were the **Smallest Fish of the Year - Susan Siegel** **Most Times Falling Overboard - Gary Lock** And one that got lots of laughs was ;

Launching without the Drain Plug - He was awarded a Drain Plug and then (9) NINE people coming up and handed that poor sucker an 'O' ring as his was old and rotted off, he used a rubber band, that didn't work that well.

I would tell you my name but I want to avoid embarrassing me. ;-)) <— (Sheepish Grin)



L - Tom Ruggles, C - Chris Rooney, R - Trina Polkey Giving Chris his ALL TIME RECORD Award!



Your 2020 Board! Back row - Right to left Back Row - Tom Ruggles, Derek Siegel, Jamie Underwood, Cassi Washington, Steve Shaw. Front Row - Trina Polkey, Honorary member Nichole Bailey - Greg Wallace, Hal Hanna, Terri Breen, James Carter



James Tucker & Isabelle With her first Bull Redfish!

Our best season is upon us, the winter fishing and holiday season!

This November we start the best fishing offshore with cooler weather and plenty of good fish out there to catch. We also have lots of Club Activities in the next couple months. The first Thursday in November is a regular meeting, BUT the Third Thursday is our **ANNUAL THANKSGIVING POT-LUCK!** The Club will provide the Turkey and Ham and the Dessert, and YOU and I bring our best side dishes that we can cook up! So start thinking of what you are going to bring.

The First Thursday in December is our Annual **CLAM CHOWDER COOK-Off!** My Favorite of the year! I love Clam Chowder and

just happen to make the best! (Even thou the other contestants obviously pay the Judges more than I have and I have never won first place. ((Upping my bribe this year, big time!)) I know mine is the best because my pot is always EMPTY at the end of the night and I make a LOT!)

Next for the Third Thursday in December we have the **ANNUAL CHRISTMAS PARTY!** It also is a big Pot-Luck. (Same rules as the Thanksgiving Pot-luck.) We have managed to get Santa show up and he brings presents for the kids! This one is always a big party, so cook up a big batch of your side dish!

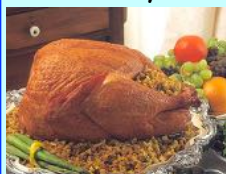
January the first Thursday is a regular meeting, then for the Third Thursday we have the Club's **ANNUAL SWAP MEET** where you can sell or trade anything you want, have a lot of duplicate gear, trade it of rsome more that you don't have a bunch of!

February we have the **ANNUAL CHILI COOK-OFF** at the First Thursday meeting! (I have to tell this on my wife Last year she took 2nd place! Neither she nor I can stand Chili, She cooked it up and she **NEVER EVEN TASTED IT!**)

The Third Thursday is usually taken up with preparations for the El Cheapo, then The **FIRST THURSDAY OF MARCH IS THE EL CHEAPO SHEEPSHEAD TOURNAMENT!** The Club's main fund raiser for the year.

The El Cheapo is the biggest saltwater tournament in the entire south east US!

Remember all this can not happen without YOUR help! The entire Board is **VOLUNTARY** and they really need your help to keep this, YOUR, club running and adhering to our **RULE #1 -Fishing is FUN!** And we try to keep this club light and fun for everyone!



Here is a great treat to make for your holiday parties, Quick, Easy, (I made them and they were GREAT!)

Shrimp Puffs

Total Time: 25 min

Prep: 15 min

Cook: 10 min

Yield: 36 puffs

Level: Easy

Ingredients:

Cooking spray, for coating the muffin tin.

3 - 8 ounce cans of refrigerator crescent rolls.

3 - cups shredded Monterey Jack Cheese.

¼ - cup finely chopped Sweet Onion.

1 - cup mayonnaise.

1 - pound 40 to 50 count shrimp, cooked and peeled, tails removed.

----- Alternate shrimp method. 1 - pound of shrimp, (Any size) chop them into small pieces and mix them in with the rest of the contents to make a uniform shrimp stuffing for the puffs.

1 - teaspoon chopped fresh Dill

Directions:

Preheat the oven to 350 degrees F. Coat a 12 hole cupcake pan with Olive Oil cooking spray.

Roll out the Crescent rolls in a flat sheet, and cut into 12 equal squares, press a square into the bottom of each hole, and stretch it up the sides to mostly cover the bottom & sides.

In a medium-size bowl, mix the cheese, onion, mayonnaise, shrimp and dill. Place 1 tablespoon of the shrimp and mixture on top of each biscuit. Bake for 10 minutes, or until the puffs are golden brown.



Life Jackets, Yeah, I know you don't wear one most of the time, but maybe you should consider wearing one at least while the boat is underway!



Helpful Hints & Tips

Thaw fish and shellfish in milk. The milk draws out the frozen taste and provides a fresh caught flavor.

Take the Fish out of the Refrigerator 30 minutes before cooking to allow to warm to room temperature.

Try soaking fish in 1 cup vinegar / 3 cups water for 15 minutes before cooking for a sweet tender taste.

Microwave limes for 40 seconds before squeezing, you'll get twice the amount of juice.

Add 1 tablespoon of vinegar to the fat in which you are going to deep fry. It will keep the food from absorbing too much fat and eliminate the greasy taste.

Clams and oysters will be simple to open if washed with cold water, then placed in a plastic bag and put in the freezer for an hour.

To get rid of the "canned taste" in canned shrimp; soak them in a little sherry and 2 tablespoons of vinegar for about 15 minutes.

Add garlic immediately to a recipe if you want a light taste of garlic and at the end of the recipe if you want a stronger taste of garlic.

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What's Your Vision of the Future for the Florida Keys National Marine Sanctuary?

BoatUS says recreational boaters and anglers need to speak up now on restoration plan

MIAMI, Oct. 22, 2019 – For the first time since its creation in 1990, the Florida Keys National Marine Sanctuary is giving recreational boaters and anglers the unique opportunity to help shape its future by commenting on the draft [Restoration Blueprint](#). The plan could expand the sanctuary's boundary, update regulations, modify and establish new marine zones, and revise its nonregulatory management plan.

So what do boaters want?

Boat Owners Association of The United States ([BoatUS](#)) urges recreational boaters to speak up now to have their voices heard at upcoming public meetings held in the Sunshine State through December 10. Boaters unable to attend a meeting may also [send comments online](#), or mail to Sarah Fangman, Sanctuary Superintendent, Florida Keys National Marine Sanctuary, 33 East Quay Road, Key West, FL 33040. Comments will be accepted through January 31, 2020.

"Recreational boaters and anglers want the continued ability to recreate on these pristine waters," said BoatUS Manager of Government Affairs David Kennedy, "However, boater/ anglers are just one of many different constituent groups on the restoration plan. It's important we speak up on what we want the future to look like. Habitat threat from hurricanes, disease, rising ocean temperatures, pollution and human interactions will all be addressed."

Florida Keys National Marine Sanctuary Restoration Blueprint proposal public meetings will be held from 6 p.m. to 9 p.m. in Coral Gables, Fort Myers and Marathon and will accept oral and written comment. Coral Gables and Fort Myers meetings also will provide information and answers to written questions.

October 28, Coral Gables: University of Miami Newman Alumni Center, 6200 San Amaro Drive
November 4, Fort Myers: Holiday Inn Airport at Town Center, 9931 Interstate Commerce Drive
November 6, Marathon: Marathon Middle High School, 350 Sombrero Beach Road

Additionally, on December 10 a [NOAA Sanctuary Council Advisory Meeting](#) will be held from 1 p.m. to 9 p.m. at the Islander Resort, 82100 Overseas Highway, Islamorada. RSVP is required, and the public may provide oral or written comment. Boaters may also view the Sanctuary Advisory Council's live-streamed meetings on its [YouTube channel](#).

News from the PAST

Thanks to Bob Houghton for finding and sending me this old JOSFC Newsletter.

The JOSFC 1988 November Newsletter had this information for the club!

We moved into our Clubhouse in November 1988, 31 years ago, and that was the headline announcing that "WE'VE MOVED!!!"

There was a short paragraph telling people where we were now located in OUR OWN Clubhouse!

Here are the Officers at that time.

Our President - Rick Ryles

Vice President - Ed Kalakauskis

Treasurer - Bud Emerson

Secretary - Roxanne Smith

The next bit of good info was the placement of the Culverts at BB.

In October they placed 2,800 Tons of culverts at the BB reef site. Guess who was the lead for that? Yup, none other than Ed Kalakauskis of TISIRI (Think It, Sink It, Reef It!)

Ok, here is something that will surprise most of you. The **JOSFC had only (3) Three Fishing Boards!**

There was the **Men's Board:** Here were the only Eligible fish to post: Amberjack - Barracuda - Bonita - Cobia - Dolphin - Grouper - Jack Cravelle - Kingfish - Sailfish - Sea Bass - Tuna and Wahoo! That was it!

We also had the **Ladies Board:** Here were the only Eligible fish to post: Amberjack - Barracuda - Bonita - Cobia - Dolphin - Grouper - Kingfish and Sea Bass.

Finally the **ONLY OTHER BOARD** we had was the **LIGHT TACKLE Board!** Eligible fish were: Amberjack - Barracuda - Bonita - Cobia - Jack Cravelle - Kingfish and Wahoo!

That year the Awards went to :
Captain of the Year - Jim Wright
Angler of the Year - Tony Benevento
Anglerette of the Year - Debbie Ryles
Light Tackle Angler of the Year - Grover Starrat
Sportsman of the Year - Charlie Hamaker!

As the mailing page says, it is TIME TO RENEW YOUR MEMBERSHIP IN THE JOSFC!

You can renew on-line or at a meeting or by mail with the below form!

Why Renew?

Even if you have not been an active member, if you fish, and want to continue fishing, you need to join at least one organization that is fighting for your right to fish! The JOSFC is doing just that. Every member we have adds weight to our words at the meetings we attend. (Plus WE don't keep hitting you up for more money with "Donation Letters" every other month.)

The JOSFC's year actually runs from October 1st to Sept. 30th, and we run our renewal time up to January 1st which if you have not renewed by then any fish you had on the boards come off, and you loose your club voting rights, and your membership card is no longer valid for discounts at the local stores. (Don't worry, we will still try to get you to renew after that.)

Please Renew and come on out to the meetings and have some fun! If you have NOT been getting the Up-date and reminder of the meetings E-mails, let me know. Also make sure you have this E-mail address in your address book, or Contacts. JOSFC Breen <breenw@bellsouth.net>

This club is a legacy we must preserve for our children and grandchildren and sometimes we have to work /volunteer overtime to ensure just that.



APPLICATION FOR MEMBERSHIP (Renewal)

The JOSFC invites the participation of all area fishing enthusiast and is dedicated to conservation, preservation and fellowship with our membership.

NAME _____ HOME PH. _____
SPOUSE'S NAME _____ WORK PH. _____
ADDRESS _____ CELL PH. _____
CITY, STATE _____ ZIP _____
E-MAIL _____ OCCUPATION _____
BOAT NAME _____ MAKE _____ LENGTH _____

[] Family Membership \$50.00

(Husband, Wife, & Children under 16)

[] Individual Member \$40.00

[] Paid Junior Member \$5.00

[] Annual Associate Member\$100.00

(For Business Concerns)

[] Application Fee \$25.00

(Applicable to NEW Members or if renewing over 6 months late)

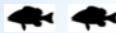
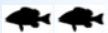



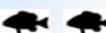


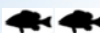


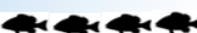








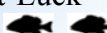
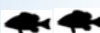
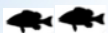

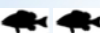




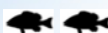
[] Life Member Individual \$250.00

[] Life Family Membership \$300.00

Total Remittance

[Empty box for Total Remittance]

Signature _____ Date _____

Sun	Mon	Tue	Wed	Thur	Fri	Sat
November					1	2
						
3	4 Club Board Meeting	5	6	7 Club Meeting	8	9
						
10	11	12	13	14	15	16
						
17	18	19	20	21 Club Meeting Thanksgiving Pot-Luck	22	23
						
24	25	26	27	28	29	30
						



November 4th - Board Meeting
 November 7th - Regular Club Meeting
 November 21st - Club Thanksgiving Pot-Luck Meeting

COMING

EVENTS: March 7, 2020 - THE EL CHEAPO SHEEPSHEAD TOURNAMENT



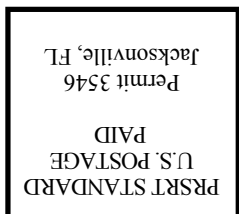
Gag Grouper - They are out there, go catch a BIG one! Check & know your State and Federal regulations before you go!

Associate Members

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