



The Newsletter of the . . .

# The Reel News



Serving the Northeast Florida Fishing Community Since 1959

Volume 57 Issue 11

November 2017



## PRESIDENTS CAST NET

Trina Polkey

How in the world is it already November, and how in the world am I sitting here writing this? If you would have told me a couple of months ago that I was going to lead this club into 2018 I probably would have laughed at you... but here I am, and here we are. Let's do this!!

Let me start by first introducing our amazing new Board of Directors:

Tom Darga - Tournament Director  
Cassandra Washington - Awards and Events  
Tom Ruggles - Newsletter and Website  
Greg Wallace - Fishing Director  
Sara Carpenter - Media Director  
Tasha Mincey - Hospitality, (temp)  
Terri Breen - Membership  
Captain Chris Rooney - Advisor  
Gary Lock - Treasurer  
Lori Morris - Secretary  
Anthony Thompson - Vice President  
Trina Polkey - President

I am so excited about the energy and commitment the board and this club has, and am really looking forward to the upcoming year. There are plenty of opportunities on the horizon for you to be an integral, working part

Continues on Page 3



## PAST PRESIDENTS PARTING MESSAGE

Chris Rooney

*November Start's Our Season*

The year has flown by and here comes the New Year and new expectations, the tournament season starts in earnest with the Triple Challenge, this is my favorite time of the year. If the wind is blowing off shore I can go and fish for the 7 stripe bandit of our saltwater habitats. As the nearshore water temperatures drop into the mid 60's, I just can't get that battle wagon of mine to pass up the twins or Jax Wreck or any other wreck and rock pile in 50 to 60 feet. The sheephead will be there you just have to get the feel for the bandits and don't forget the net. If the offshore seas are less than 3 feet it's the best fishing of the year in the deep water. The Wahoo are here and the temperature breaks show us where to find them, look for that break in 130 to 160 feet where the water goes into the low 70's and troll it east to west. There a roll down out there from 140 to 160 look for bait on that roll down as you troll and you'll find the wahoo.

As I write this the last of the planning and all the leg work for the banquet is in full swing and you all will be the judges on wither your 2017 Officers have done a good job. It has been my pleasure to have served the club as president for the last two years. Our new Officers and President

Continues on Page 3

# Gary Newman INSURANCE

Family Owned & Operated

- Boat
- Auto
- Home

67 E. Sailfish Dr. • Atlantic Beach, FL  
**241-0777**



The Reel News is published monthly by the Jacksonville Offshore Sport Fishing Club (JOSFC). All rights reserved.

**Officers:**

- President ..... Trina Polkey
- Vice President..... Tony Thompson
- Secretary ..... Lori Morris
- Treasurer ..... Gary Lock

**Board of Directors & Special Staff:**

- Tom Darga - Tournament Director
- Cassi Washington - Awards & Events
- Tom Ruggles - Website & Newsletter
- Greg Wallace - Fishing Director
- Terri Breen - Membership
- Sara Carpenter - Media Director
- Tasha Mincey - Hospitality ( Temp. )
- Capt. Chris Rooney - Advisor to the Board
- Assist. Newsletter Editor / Website ... Bill Breen
- Newsletter & Marine Radio.... Mike Murphy

©Copyright 2017



Captain of the Year!!!



Congratulations Rob Darner

At the Awards Banquet we inducted Rob Darner in the Elite Club and he became one of only of 58 people in the world that can claim the title of the "JOSFC's Captain of the Year!"

Rob, a past JOSFC President 2000 - 2001 and current El Cheapo Director, demonstrated his fishing skill in the 11 different Club Tournaments. Requiring him to fish different styles of fishing, targeting various species of fish!

**Congratulations Rob Darner**



Wear these, they don't work in the cabin!

At least do it while under way, especially

entering and leaving the inlets, they can get rough in seconds.



Rooney Continued

Captain Trina are top notch and the club will only get better, and you'll not be getting rid of me anytime soon. Rob has plans for me in the El-Cheapo planning and execution and they don't call me the mouth of the tournament for nothing. So as you see you're new officers at the clubhouse and other club functions let all of them know you appreciate what they're doing and be that volunteer for the next club function cause they always need help.

Well I'm late with this months issue my last and Bill is probably ready to shoot me so until next month catch'em up and good fishing.

*Captain Chris Rooney, IOSFC 2016-2017*

*President*

**Shrimp Puffs for your Holiday Parties!**

Total Time: 25 min  
 Prep: 15 min  
 Cook: 10 min  
 Yield: 36 puffs  
 Level: Easy



**Ingredients:**

- Cooking spray, for coating the muffin tin.
- 3 - 8 ounce cans of refrigerator crescent rolls.
- 3 - cups shredded Monterey Jack Cheese.
- ¼ - cup finely chopped Sweet Onion.
- 1 - cup mayonnaise.
- 1 - pound 40 to 50 count shrimp, cooked and peeled, tails removed.

-----Alternate shrimp method. 1 - pound of shrimp, ( Any size ) chop them into small pieces and mix them in with the rest of the contents to make a uniform shrimp stuffing for the puffs.

- 1 - teaspoon chopped fresh Dill

**Directions:**

Preheat the oven to 350 degrees F. Coat a 12 hole cupcake pan with Olive Oil cooking spray.

Roll out the Crescent rolls in a flat sheet, and cut into 12 equal squares, press a square into the bottom of each hole, and stretch it up the sides to mostly cover the bottom & sides.

In a medium-size bowl, mix the cheese, onion, mayonnaise, shrimp and dill. Place 1 tablespoon of the shrimp and mixture on top of each biscuit. Bake for 10 minutes, or until the puffs are golden.

Pres. Message Continued

of this club and I am counting on each of you to step up when you can. Some things we do help support and grow our club's membership, some activities support the growth of our sport in NE Florida, and some support our club in general. Fairies don't put food on the table and they don't clean up, they don't organize tournaments and they sure aren't there to run them. We count on people like you to all come together, make it happen, and have fun doing it!

Don't forget, memberships are renewable and due now. You can put a fish on any of our club boards, but if you have not renewed by the end of the year, they will be removed. We've got our first club tournament of this fishing year coming up November 11<sup>th</sup>, the Triple Challenge. Please check [jaxfish.com](http://jaxfish.com) for details and be sure to put it on your calendar!

**Gary Newman**  
**INSURANCE**  
*Family Owned & Operated*

- Boat
- Auto
- Home

**67 E. Sailfish Dr. • Atlantic Beach, FL**  
**241-0777**



## **ONCE AGAIN LETS TALK SAFETY!**

This is NOVEMBER already, winter and our waters are cooling down, not to mention the air and wind. Just what does that mean for our safety? Well the first thing that comes to my mind is Hypothermia.

What?! Hypothermia here in Florida? It can be 75 to 80 out there, not a thing to worry about, RIGHT? WRONG!!!

Hypothermia can pose a problem for boaters anytime of the year, but should be of greater concern to all Captains as we approach colder weather.

**Hypothermia occurs when the body loses heat faster than it can produce it.**

Hypothermia occurs most rapidly when your body is immersed in water but may occur at anytime especially in windy situations if your clothing is wet. In water at 50 degrees, the predicted time for **survival** is 1.5 to 3 hours. It can also occur in water as warm as 80 degrees or higher if you are exposed for a long period of time. For instance, in 70 to 80 degree water, a person may become exhausted or unconscious in as little as 2 Hours.

If you end up in the water and won't be able to get back in the boat right away as it capsized or sank or you fell over and no one noticed, you want to conserve your body heat.

Don't try to swim as that will very quickly drain what body heat you have. You want to climb up on any debris you can to get as much of your body OUT of the water as you can, or curl up in a ball and float. Keep any clothing you have on as your body will warm the water close to your skin and any clothing will slow the heat exchange with the water outside of your clothing.

Now in the case you can get back in your boat, or you rescue someone that is COLD, you need to get them warmed up. Your First Aid Kit should have a couple of those Mylar Space Blankets to wrap up in. They reflect over 90% of your body heat back to you!

Here is something that I hope will open your eyes to the danger of Hypothermia.

## **The Fatal Scenario**

When your body's core Temperature reaches:

96 Degrees Fahrenheit - Violent shivering begins.

95 Degrees Fahrenheit - **Rational** thought stops.

93.2 Degrees Fahrenheit - Consciousness becomes clouded.

92 Degrees Fahrenheit - Memory loss, hallucinating begins.

91.4 Degrees Fahrenheit - Shivering stops.

90 Degrees Fahrenheit - You become unconscious.

86 Degrees Fahrenheit - Death results from heart failure.

*86 Degrees Fahrenheit is the ambient temperature of a fairly hot summer day. Our water off Jacksonville is rarely that warm!*

*It doesn't have to be freezing out to kill you!*

## **The Thanksgiving Pot-Luck Dinner**

This is a semi-Pot Luck Dinner. It will be held on November 16<sup>th</sup>! Why Semi-Pot-Luck? That is because the Turkeys and Ham will be cooked by the club and **you get to bring your favorite side Dish**. An FYI, A certain New Jersey Captain, now our Past president, has been ordered to bring his Mouth Watering Sausage Stuffing.

The Club also provides the Dessert, and you can't get away with bringing a box of cookies, we really want **real** side dishes!



## News From Membership!

Welcome to the Anna Crowder and William Hodges, Jr families! We are delighted to have you join us in the family-based, lifelong, and thrilling sport of fishing.

This is the time of year to begin paying the renewals on your memberships. All dues must be paid by midnight on December 21, 2017 to place any fish on the 2018 Fishing Boards. You can pay in person at the JOSFC Club meetings by cash, check, or square. Of course you can renew through PayPal online at our website. **Memberships make great gifts for friends and family!**

We hope to see everyone at our next meeting!

# MetroPCS

**The Official Service Provider of  
the JOSFC and their El Cheapo  
Sheepshead Tournament**



*Loud Hailings*

**Bill Breen  
Newsletter  
Editor**

I am looking for PICTURES of club members with local catches, to use in our newsletter. If you have a good photo PLEASE E-mail it or give it to me at a meeting. I will Scan it and return it to you undamaged. Don't forget to include a piece of paper with your name address, and the information on the catch, size or weight, and when. You can even include your numbers where caught, I won't tell anyone else, I promise! ;-) Cross my heart and hope to catch your fish!

Just a reminder, ANYONE and everyone can submit something, a good story, joke, or you can also submit photos to be included in our Newsletter. Just get your article and or pictures to me by the 18th of the month, to be in the next months newsletter. Just hand me a copy at any meeting, or E-mail it to me at : [breenw@bellsouth.net](mailto:breenw@bellsouth.net)

## Fishing - What & Where

These winter months can provide some of the best fishing of the year.

November means that the bait and the fish are on the move. As I write this (18 Oct) the Inshore catches of Bull Redfish These are strictly "Catch & Release" as they are way over the Slot size. If you take a quick photo and measure them, Length and Girth you can get a close weight using the formula:

**Girth in inches squared, times length in inches  
divided by 800 = Weight in Pounds.**

**$G^2 \times L \div 800 = \text{Weight in Pounds}$**

Flounder have started. In fact I have hears that they are on fire all up and down the river. There have been some large Flatties caught recently. This should carry over into the beginning of December.

The jetties will have more and more Sheepsheads as temperatures drop and the month passes.

The party grounds are where most of the action will be. N 30.23.281/ W 81.10.479 at PG/PM, N 30.23.550 / W 81.10.269 at Nine Mile and N 30.28.959 / W 81.13.184 at MR are all places worth looking for Grouper and Snapper.

Farther offshore the Wahoo will be starting to show up in limited numbers and that will increase as we go into December and beyond.

If you are Trolling offshore, you really need to remember this.

Your Boat is a disturbance in the water! To all predator fish this means a "Feeding Frenzy"

I always lift my engine ( Tilt it up. ) so the my boat is plowing through the water and keep the speed to just below breaking on plane. About 10 MPH. This makes as big of a wake as I can and then I run my lures close, the inside lures about 15 yards back, just at the edge of the bubble part of the wake. The outside are another 15 yards farther back and again just outside of the bubbles. Finally the "Way Back" is just where the wake is starting to clear up, not so far back you need a different Zip code.

Remember the fish are coming to the feeding frenzy ( Your Boat ) and those lures are stragglers trying to get back to the school. Predator fish see them as easy pickings!

I have had fish hit my lures as I was putting them in the water, just 2 or 3 feet from the boat!

As the mailing page says, it is **TIME TO RENEW YOUR MEMBERSHIP IN THE JOSFC!**

### Why Renew?

Even if you have not been an active member, if you fish, and want to continue fishing, you need to join at least one organization that is fighting for your right to fish! The JOSFC is doing just that. Every member we have adds weight to our words at the meetings we attend. ( Plus **WE** don't keep hitting you up for more money with "Donation Letters" every other month.)

The JOSFC's year actually runs from October 1st to Sept. 30th, and we run our renewal time up to January 1st which if you have not renewed by then any fish you had on the boards come off, and you loose your club voting rights, and your membership card is no longer valid for discounts at the local stores. ( Don't worry, we will still try to get you to renew after that. )

**This is November, in less than a month you will be looking for a Christmas present for your fisherperson. We have a beautiful certificate you can present to them for a Christmas Present as a Life Member! Why not consider a Life Membership? No more worrying whether you remembered to renew. We also have a One year membership certificate you can renew for them.**

Please Renew and come on out to the meetings and have some fun! If you have NOT been getting the Up-date and reminder of the meetings E-mails, let me know. Also make sure you have this E-mail address in your address book. JOSFC <[breenw@bellsouth.net](mailto:breenw@bellsouth.net)>

**This club is a legacy ( 58 years ) we must preserve for our children and grandchildren**



## APPLICATION FOR MEMBERSHIP (Renewal)

The JOSFC invites the participation of all area fishing enthusiast and is dedicated to conservation, preservation and fellowship with our membership.

NAME \_\_\_\_\_ HOME PH. \_\_\_\_\_  
 SPOUSE'S NAME \_\_\_\_\_ WORK PH. \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CELL PH. \_\_\_\_\_  
 CITY, STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 E-MAIL \_\_\_\_\_ OCCUPATION \_\_\_\_\_  
 BOAT NAME \_\_\_\_\_ MAKE \_\_\_\_\_ LENGTH \_\_\_\_\_

Family Membership ..... \$50.00

(Husband, Wife, & Children under 16)

Annual Associate Member .....\$100.00

(For Business Concerns)

Life Member Individual ..... \$250.00

Life Family Membership ..... \$300.00

Individual Member ..... \$40.00

Paid Junior Member ..... \$5.00

Application Fee ..... \$25.00

(Applicable to NEW Members or if renewing over 6 months late)

Total Remittance

Signature \_\_\_\_\_ Date \_\_\_\_\_

Sun	Mon	Tue	Wed	Thur	Fri	Sat
June			1	2 Club Meeting	3	4 The Fishing Rules Meeting 10:00 AM
			5	6 Board Meeting	7	8
12	13	14	15	16 Club Meeting Thanksgiving Pot Luck	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



**COMING  
EVENTS:**

- November 2nd - Club Meeting
- November 4th - Fishing Rules meeting 10:00 AM at Club House
- November 6th - Board Meeting
- November 11th - The Triple Challenge Tournament
- November 16th - Thanksgiving Pot-Luck meeting
- December 21st - Club Christmas Party / Pot-Luck
- March 3, 2018 - The El Cheapo Sheepshead Tournament



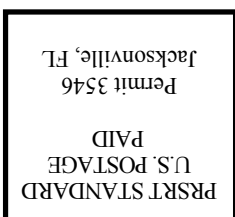
Now is the start of Wahoo season, Winter, they are out there, and just for your information, the club All-Time Record is only 94 Pounds! That has stood from prior to 1969!

## Associate Members

*Suzuke Marine • Carolina Skiff • Magic Tilt Trailers • Strike Zone Fishing • Atlantic Coast Marine • Fishing Nosara • Nosara Paradise Rentals • Wilson Trailer • Styles Smith Plumbing • Hagerty Construction & Roofing • B & M Bait and Tackle • Shaw Contracting • Knight Electric • Morning Star Marinas • Browns Creek Fish Camp • Common Ground Lawn & Landscaping • Murphy Communications • [boattronics.net](http://boattronics.net) • 1-800-Pack-Rat • Academy Sports • Angies Sub Shop • Dandee Foods • Dell Marine • Hardees • Hope Fishing Adventures • Julington Creek Carpet Care • Knot Dirty Detailing • Local Buoys • Lambs Yacht Center • Metro PCS • Morningstar Marina at Mayport • Mousa's Auto & Marine Interiors • Ocean Waves Sunglasses • Paradise Resort • Pelagic Fabrications • Pepsi Bottling Group • Ricks Bait & Tackle • Rooker Outdoors • Sea Dancer Charters • Starbrite • South in Your Mouth • Southern Propane • Sun Deli • Sweetwater Brewing Co • The Water's Edge Complete Boat Detailing • All Aluminum Concepts • Bowen Upholstery • Coastal Angler Magazine • Custom Marine Components • First Coast Satellite • Fish On • Fish Hunter Charters • Five Star Pizza • Florida Sportsman Live • Fusion Entertainment • Gary Newman Insurance • Gone Fishin' Show • Greater Jacksonville Kingfish Tournament • J&T Jigs • Mount This • Nautical Illuminations • Pure Fishing • Roffers Ocean Fishing Forecasting Service • Saltwater Challenge Series • Sea Tow • Sheepsheadwear • Soc 7 Productions • Still Just Fishing Show • Sun Bum • The Ice Man • The Outdoors Show • Tow Boat U.S. of Jacksonville • Trout River Fish Company • United Rental of NE Florida • Vic2fish & Adventures Inc • Void Magazine • Windsor Park Golf Club • Woody Wax • 303 Aerospace Protectant • Advantage Signs • Amelia Island Bait & Tackle • Anchors Up • Atlantic Engraving & Graphics • Avid Angler • Bait Shack • Boathouse Discount Marine (Blanding) • Captain Dave Siplers Sport Fishing • Consignment Boat Sales • Copperhead Metal Arts • D.O.A. Lures • Florida Guides Association • Fish Carvings by Rick & Billy • Fishing Connection • Great Atlantic Outfitters • Inrline Logistics • Island Electric of the First Coast LLC • Mike's Taxidermy • Onyx Outdoors • Pretty Pallets by Melissa • Proctor Ace Hardware • River Marine • Ruth's Chris • Safe Harbor Seafood • Seafood Kitchen • St Augustine Alligator Farm • Sumo Design Studio • T.B.S. Jigs & charter • The Spot Tournament for Charity • Woods 'n Water Magazine • Hook the Future • Fish Florida • Hardee's • In River or Ocean • Ocean Waves • Skate Station Funworks • Kona Skate Park*

**SUPPORT OUR SPONSORS! THEY SUPPORT US AND FISHING!**

**It is time to renew your MEMBERSHIP!**



Jacksonville Offshore  
Sports Fishing Club  
P.O. Box 331185  
Atlantic Beach, FL 32233

