



The Newsletter of the . . .

# The Reel News



Serving the Northeast Florida Fishing Community Since 1959

Volume 55 Issue 8

August 2016



## PRESIDENTS CAST NET

Chris Rooney

The SAMFC is always looking for ways to implement the closure of all bottom fishing. They have closed all Red Snapper Sport fishing because they claim we "Kill" way too many by catching them and releasing them. ( Their Kill percentage number is totally fabricated and way off from "Observed studies" of 3% to 7% ), But we're far from giving up, the fight to maintain our right to fish will continue. Remember our voices have to be heard so tell all the people you come into contact with, e-mail your Congress Representative and senator, get on the soap box and help stop the SAMFC from taking away the legacy we've built.

Now the good stuff, this month tournaments include the ladies classic "The Ladies Tournament" and a real challenge and favorite the "Light Tackle Tournament". Now the first one is anything but a Powder Puff, our ladies have proven over the last few years that they can consistently out fish the men. The winning fish have included a 50 pound class wahoo and a 40 pound class kingfish in the last few years, that's pretty stout competition if you ask me. I'll bet anybody

that some of the largest fish of the year are going to hit the dock during this tournament.

The next one is the "Light Tackle Tournament" some of the rules have changed making it a little more gear friendly so look at the rules when you sign up.

The last Captains cup tournament of the year is the, "Bottom Fishing Tournament" that is always a lot of fun to fish!

August is also the time for all of the membership to look at their own worlds and see if they have the time and desire to bump up their participation in the Club. September is the month where we Nominate potential Officers and Board members for the club. We have quite a few Officers and Board member openings that need to be filled. The JOSFC needs you to help insure a 55 plus year tradition of Sportsmanship, Conservation and the Tradition of sport fishing continues. Our club has come a long way in the last few years, our members are leading the fight to save our bottom fishing and to reopen the Red Snapper fishing. We have asserted our voice in this fight and at the same time played a very active roll in re-establishing a viable reef building program in North Florida. Help all your fellow members in the club and choose to serve on the Board of Directors.

Well I'm longer winded than usual in this issue and late with the article as usual so have a great month and "It's summer - take the kids fishing!"  
Capt. Chris



# HEAT RELIEF !!! Too hot to fish?

By Bob Houghton



How about a Gulf of Mexico scalloping trip. In addition to Steenhatchie, St. Marks is having a banner Year. St Marks has 4 places to launch your boat. 1 - St Marks National Wildlife Refuse, located at the mouth of St. Marks River / Gulf of Mexico. 2 - St Marks public ramp, located in City of St Marks, turn right at the stop sign. 3 - Shields Marina turn left at the

stop sign. Finally, 4 - Shell Island Fish Camp, located on the right, just before you get to St.Marks. The best area is East of lighthouse!

They also have Cabin rentals for about \$72.00 /night, and truly is an "Old Florida Fish Camp" and you can dock your boat overnight there as well. You will need a dive flag, saltwater fishing license, mask or goggles, ice & cold drinks, sunscreen, & short knife. It is also nice to have a snorkel, cotton gloves, and swim fins.

Limits are 2 gallons whole, or 1 pint shucked. We have found that the best bet is shuck while you scallop. Here is how we do it and found it works best. Ice down your first 36 or so, then go catch another 36 and put them on ice in another cooler. Now clean the first ones, as they shuck easily when iced. Now you can drop the shells and guts overboard, don't worry, the pinfish will eat the remains in a few minutes.

You can also fit a trout fishing trip in early in the morning, we like using a "Cajun Thunder" with gulp or live shrimp, and fish just offshore of where you scallop, in a little deeper water.

Add some fun into your trip, by slowly motoring up the Wakulla River. It abounds in wildlife, such as gators, manatees, eagles, otters, turtles etc. Really want to go "FIRST CLASS?" Stay at the Wakulla Springs Lodge, built by Ed Ball in 1937, as a luxury resort. Lodging starts at about \$129.00 / night, and includes breakfast in the dining room. This area truly is OLD FLORIDA AT ITS FINEST.

**Warning!** Stay in the channel, and / or follow a native in the Gulf. there are lots of Rocks are waiting to devour your lower unit.

Now how do you get those tasty morsels out of the shell? You "Shuck" them! How do you do that? OK, here is how:

Let's assume you've got a nice fresh bag full of scallops and you have NO IDEA how to get them out of their shells.

Fresh scallops are actually very easy to "shuck" from their shells.

Continues page 3



The Reel News is published monthly by the Jacksonville Offshore Sport Fishing Club (JOSFC). All rights reserved.

**Officers:**

- President ..... Chris Rooney
- Vice President.....Patti Kalaitzis
- Secretary ..... Tom Adams
- Treasurer ..... Tom Cavin

**Board of Directors & Special Staff:**

- Speaker Coordinator ..... Mark Aley
- Special Events ..... Tom Ruggles
- Hospitality ..... Lori Morris
- Fishing Coordinator .....Robert Vermillion
- Membership ..... Terri Breen
- Trophies & Awards .....
- Social Media .....Trina Polkey

- Newsletter Editor / Website ... Bill Breen
- Newsletter & Marine Radio.... Mike Murphy



Scallops Cont.

Oh, the part of the scallop we eat is the adductor muscle that holds the two shells together and propels the little thing all over. Outside of the US, you'll find that not only is the adductor muscle eaten, but so is the roe.

Roe is the bright pink part of the scallop. It's the reproductive part. It is sooooo tasty and smooth! (I eat the Roe, in fact when I get Scallops, I eat the MUSCLE RAW, as I shuck them! They are delicious! The fresh roe is as good as or better than the muscle! This part by your Editor )

You do not need and you don't want a sharp knife for shucking scallops. A thin flat dull blade is best for shucking Scallops.

Now notice that one shell of a scallop is deep and concave, and the other is flat --in fact slightly convex.

Put the scallop in your palm with the concave shell down and the hinge towards your thumb. You'll notice a gap between the shell halves close to the hinge. Just like the picture below. Just gently slide your knife into that gap and keep the knife as close to the flat shell as



possible. You want to work it all the way to the other side and slide it along the flat side of the shell until it pops open. You will then want to pry the flat shell up and back with your fingers to pop it off.

Now scrap out everything except the large muscle AND the roe! That pink stuff is the roe -- gourmet food!

Then just slide your knife under the muscle and the roe still attached to the concave shell to slide it out and into your cooler of ice!

( Editor ) OK, if you absolute have to cook the Scallops, here is how I like them.

I ( OK, my Wife does the cooking here. ) take the muscle and set it down like it sits in the shell, and slice it in about 1/4 inch thin slices, horizontally, or across the grain of the meat.

Next we dredge them in Egg, Flour ( You can try adding a little seasoning to the flour, but I find them so tasty I don't like to add anything , they are perfect as they are. ) and Saute them in BUTTER with a very little Garlic added to the pan, just enough to give a light garlic flavor to the butter. ( Come to think about it, any Seafood with Butter and Garlic is a sure bet to be as good as it gets! ) It only takes about 10 seconds per side and they are HOT, ( Cooked ) and so good that between my kids and I they usually don't make it to the table!

There are a ton of recipes on the internet but I have never tried them as I have a hard time even thinking of not cooking them my way and eating them as fast as I cook them!



Wear these, they don't work in the cabin! OK,

I know that some of you won't wear

your Life Jacket while fishing, but PLEASE at least wear one while your Boat is underway!



**T...Mobile**

Official JOSFC Service Provider!



## *Fishing in August!*

August has lots of great fishing for us to do here on the North East Coast of Florida. There is the summer fishing for Kingfish by trolling anywhere from the shore on out.

If you go on out to the party grounds to the middle grounds or ledge to troll, you will also catch Cobia, Blackfin Tuna, Dolphin, Amberjack, Sailfish, and the occasional Wahoo or Marlin at the ledge on out. You can also stumble on the not uncommon to catch, African Pompano and these get pretty big!

Bottom fishing ( Depending on what is open to keep. ) you will catch some nice Red Snapper ( Gotta release them of now darn it! ) B-Liners, Red Pogey, Sea Bass, Trigger fish, Lane Snapper, Mutton Snapper, Sheepshead, Gag Grouper, Scamp Grouper, Red Groper, Black Grouper, Amberjack, Jack Cravelle, Bluefish, or any number of other species that might show up in our waters.

You can also always take the kids fishing for Whiting or Spanish Mackerel around the Jetties or along the beach.

If you want to really challenge yourself, during late July and August, drift behind a shrimp boat while they are culling their catch, and float a pogey in the chum line to try to hook and bring to boat side one of our giant Tarpon! You will also catch plenty of all types of Sharks. How about Tiger Sharks or a nice big Bull Shark or a Hammer Head to about 300+ Pounds?

If it is too rough to get offshore, we have the river, and backwaters of Jacksonville. Here you can fish for Red Drum, Sea Trout, Sheepshead, Croker and any number of the Saltwater species that wander into our tidal waters. Further up the river they even catch Striped Bass.

When you go, you can always catch plenty of bait yourself. If you can throw a cast net, there are plenty of Pogey's to be had, and if you stop at any of the closer wrecks or reefs, you can use a Sabiki rig to catch lots of Cigar Minnows, Spanish Sardines, Pin fish, Blue runners, or any number of good bait fish. If you have a large Live Well, you can keep them alive for the best bait, or just pile them in a bucket with ice to keep them fresh.

## Let's talk about Safety

Just what safety gear do you carry and what have you forgotten?

I will get to your "Ditch Bag" in a minute, but I want to start with your "First Aid" kit. Did you know that lots of antibiotics have expiration dates? You should replace your "Iodine / hydrogen Peroxide / Antibiotic cream or whatever you carry in your kit every 5 years at the latest!

Here is something else you never thought of, a "Heavy Duty Wire Cutter". I can guarantee you that the 6" pair of cutters that come paired with fishing pliers are way to small. Why heavy cutters you ask? Last year about a 4' shark managed to drive an extra-strong #5 hook all the way through my thumb. The standard 6 to 7 inch long cutters were way to weak and soft to cut that barb off so I could back it out. Luckily I had a 14" long crimping tool with a heavy cutter in the side that would cut the hook.

How about carrying a roll of "Duct Tape"? ( I carry Gorilla Tape as it is stronger with better adhesive. ) It makes a good splint for broken or badly sprained limbs, can plug holes in the boat, and fix a whole number of problems in emergencies.

I bet that there aren't 5 of you that have bought a bigger better "Fire Extinguisher". That little 2 Lb thing that came with your boat is way to small if you actually have a fire! Again I carry 3 Extinguishers as I have 4 gas tanks and when I run out far, I have gas in front of me, on both sides and behind me and want to be able to put OUT a fire ASAP! Fire and Lightning are the only two things that really worry me when I go out.

If you have never used a fire extinguisher, go to your local fire department and have them give you a lesson on proper use, you can't just aim it at the flames and pull the trigger, you have to start at the base of the flames and work up.

Now about that "Throwable Float" required by the USCG. DO you have two? One that is a little heavier and more aerodynamic so you can throw it farther if necessary, and one, like a cushion, that you have about 50' to 75' of line attached to so you can

Safety Continued

throw it and pull the person back to your boat ( With your motor in neutral so you don't slice them up with the prop.) or even if you threw them the other one after you maneuver close to them toss them the one with the line and go to neutral and pull them to the boat.

"Water" Yup, Water, Water everywhere and not a drop to drink! Most of us bring some water, soft drinks or beer but we don't stock our boat with enough water for everyone to have about a quart per day for 3 days. A quart is less than you really should have, but it will keep you healthy for 3 or 4 days and keep your kidneys working fine.



Now about that "Ditch Bag" What you don't have one?! The average person, wearing clothes will drown before swimming less than a mile, assuming that the water is warm

enough that you don't get Hypothermia, cramp up and drown in the first quarter mile.

What's IN your Ditch bag? Here are some suggestions.

#1 - An EPIRB or at least a PLB. Yes, you and your fishing buddies lives are worth \$200 to \$500 dollars at the very least.

A hand held VHF radio - to call for help.

A hand held GPS -

Sun screen - there is no shade when you are floating out there without your boat.

Sun Glasses - see above reason.

At least the USGC required flairs ( Are your's expired? Check the date!!!! )

Aerial flairs because from the surface you can only be seen from about 2 miles away.

4 Space Blankets - the silver shiny pocket type.

Duct Tape.

Protein Bars

Chemical light Sticks

Hats

A waterproof strobe light.

A waterproof strong flashlight.

Rope to tie everyone together so you don't drift apart.

A quart of fresh drinking water.

Finally a First Aid kit with aspirin in case of a heart attack.

There are other things that you will want or think about to customize your kit, these are just some suggestions.

Again, about your Ditch Bag. When you pull away from the dock, it should be sitting on deck. If it is stowed in the cabin you probably will not have time to go into the cabin and grab it. Same goes for in a locker. It should be sitting on the deck!

You should give everyone on your boat a "Safety Tour" before you get on the ocean. Just in case YOU are the one incapacitated, make sure that at least 1 or 2 people know how to run the boat, and operate the GPS to get their heading back to the shore. Everyone should know where the Fire Extinguishers ( Note the plural, ExtinguishERS. ) are, and where the extra lifejackets or flotation cushions are. ( You really should have everyone wearing a lifejacket at the least while underway. ) They should know how to operate the radios and where all the emergency equipment is.

Oh, YOU DID leave a "Float Plan" with someone before heading out didn't you?

Remember the Rule of Thirds! One third of your gas to go out and fish, one third to come back in, and a third for emergencies! I have actually used most of my emergency gas to turn around and go back out to tow a friend in. If I didn't plan well, I would have had to call the USCG to go get him. ( Off Eureka Ca. they do not have Boat US, or Sea Tow, the USCG does it all! )

Try to remember that in an emergency you need to actually STOP ( That is an acronym for Stop, ( Even for half a second ) Think, about what you need to do. Observe what is happening. Finally Plan how to react.

Panic and Carelessness are your worst enemy and kill more people that could have survived if they would have just slowed down and used their brain.



## News form Membership

What a fabulous year this has been so far! Our membership continues to grow and we have many new families. Seeing so many people involved with our fishing education meetings and activities has been wonderful. I am always impressed by how our members welcome one and all to the JOSFC family and I do mean family. You are attending the fabulous meetings, eating great food by Lori (Our Hospitality Director) and hearing all kinds of helpful hints and tips from our speakers. Never a dull moment! Every time I see new photos of children and members with their catches reminds me that we are building the future not only of our club, but of the greater fishing community.

Beginning in October, I will be asking all members to fill out new information sheets so I can update my files. Boats have been sold or purchased, addresses have changed, email addresses may have changed, and cell phone numbers have changed as well. We want to verify all information and make sure we have the kids' ages and their names spelled correctly, and that you get notices of events, speakers, and the newsletters in a timely fashion. Fortunately, most of you have kept me up to date on the changes, but I am still receiving a few newsletters back in the mail.

Between Trina, and the social media items she posts, and Bill, with the website, our information is as new and up to date as it can get.

If you have any changes in your contact information please let us know asap. [ibreen@bellsouth.net](mailto:ibreen@bellsouth.net) Be sure to type JOSFC in the subject bar.

The dues for 2017 will be due on 1 January 2017 as usual. I'll begin collecting the renewals starting in October. Family memberships, renewed, are \$50.00 each and Individual, renewed, are \$40 each.

Keep sending in the great fishing photos and have a blast fishing!

Terri Breen  
Membership Director



Capt. Chris Rooney took this motley crew of kids out for the GJKT Junior Angler Tournament. (That is one Brave Captain!) From left to right are: Antwuan Washington, Nathan Duncan, Jesse Murry, Brandon Timberlake, Zeke Rooney and D'Metrius Washington.

The Kings were not cooperating, and only Antwuan caught a King. It was a little over 23 pounds, but that was good enough to place 19th overall for the kids Tournament.

Zeke caught a really BIG Red Snapper, but as Snapper is closed, they released it unharmed!

Learning good Sportsmanship early!


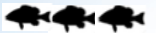
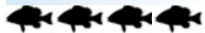










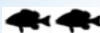



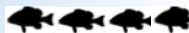









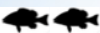





## Loud Hailings

Bill Breen  
Newsletter  
Editor

I am looking for PICTURES of club members with local catches, to use in our newsletter. If you have a good photo PLEASE E-mail it or give it to me at a meeting. I will Scan it and return it to you undamaged. Don't forget to include a piece of paper with your name address, and the information on the catch, size or weight, and when. You can even include your numbers where caught, I won't tell anyone else, I promise! ;-) Cross my heart and hope to catch your fish!

Just a reminder, ANYONE and everyone can submit something, a good story, joke, or you can also submit photos to be included in our Newsletter. Just get your article and or pictures to me by the 18th of the month, to be in the next months newsletter. Just hand me a copy at any meeting, or E-mail it to me at : [breenw@bellsouth.net](mailto:breenw@bellsouth.net)

Sun	Mon	Tue	Wed	Thur	Fri	Sat
	1 Board Meeting 	2 	3 	4 Club Meeting 	5 	6 The Ladies Tournament 
7 	8 	9 	10 	11 	12 	13 
14 	15 	16 	17 	18 Club Meeting. 	19 	20 
21 	22 	23 	24 	25 	26 	27 The Light Tackle Tournament 
28 	29 	30 	31 	August		



## Coming Events

- August 1st - Board Meeting
- August 4th - Club Meeting
- August 6th - The Ladies Tournament
- August 18th - Club Meeting
- August 27th - The Light Tackle Tournament
- October 22nd - Annual Awards Banquet!



**Boathouse Discount Marine**  
*...your complete marine supplies & parts center!*



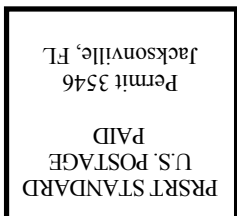
### Tournament Schedule for 2016

Tournament	Month	Date	Alternate
		- All are on Saturday -	
The Ladies Tournament -	August	6	13 - Fishing Director
The Light Tackle Tournament -	August	27	Sept. 3 - Alan Shepard
The Bottom Tournament -	September	17	24 - Steve Kalatizs
The Start of Next year's Slate of Tournaments.			
Triple Challenge Tournament -	October	15	22 - Alan Shepard

## Associate Members

*Academy Sports • Advantage Signs • All Aluminum Concepts • Amelia Island Bait & Tackle • Angie's Sub Shop • Atlantic Coast Marine • Atlantic Engraving & Graphics • Available Angler • Avid Angler • B & M Bait & Tackle • Beach Plaza Auto Care • Best Western Mayport • Boat U. S./Angler • Boathouse Discount Marine • Boatronics • BOCA Bearings • Bonefish Grill • Bowen Upholstery • C & H Lures • Capt. Dave Sipler's Sport Fishing • Carolina Skiff • Catchin' A Buzz Fishing • Consignment Boat Sales • Copperhead Metal Arts • Coastal Angler Magazine • Custom Marine Components • DOA Lures • Dames Point Marina • Dandee Foods • Dell Marine • Doherty Brothers Marine Construction • Donovan Heating & Air • Fish Carvings by Rick & Billy • Fish Florida • Fish On • Fishing Connection • Fishing Nosara.com • Five Star Pizza • Florida Sportsman Live • Footcush • Gary Newman Insurance • Gone Fishin' • Great Atlantic Outfitters • Greater Jax Kingfish Tournament • Hagerty Construction & Roofing • Hoo Rag • Hook The Future • Hope Fishing Adventures • Hulihan Territory Irrigation Systems • In River or Ocean • International Ropes • Island Electric of the First Coast • Julington Creek Carpet Care • KC Crave \* Knight Electric • Kona Skate Park • Magic Tilt Trailers • Mandarin Ale House • Mercury Outboards • Mike's Taxidermy • Mousa's Auto Interiors & More • Murphy Communications • Nosara Paradise Rentals • Ocean Waves Sunglasses • Paradise Resort • Pepsi Bottling Co. • Proctor Ace Hardware • Progressive Insurance • Pure Fishing • Reel Fish Deals • Rick's Bait & Tackle • River Marine • Roffer's Ocean Fishing Forecasting Service • Safe Harbor Seafood • Salt Life • Salty Charters of Jacksonville • Sea Angler Gear • Sea Dancer Charters • Sea Tow • Singelton's Seafood Shack • Skate Station Funworks • SOC 7 Productions • Southern Propane • Still Just fishing Show • Strike Zone Fishing • Styles Smith Plumbing • Sumo Design Studio • Sun Deli • Sure Set Jigs • SweetWater Brewing • T-Mobile • Taylor Concrete Services • T.B.S. Jigs & Charter • The Ice Man • The Outdoors Show • The Spot Tournament • The Waters' Edge Boat Detailing • Towboat US of Jacksonville • Trout River Fish Co. • Vic2Fish & Adventures • West Marine • Wild Adventures • Wilson Trailer & Repair Inc. • Windsor Park Golf Club • Woody Wax • Zaxby's*

**SUPPORT OUR SPONSORS! THEY SUPPORT US AND FISHING!**



Jacksonville Offshore  
Sports Fishing Club  
P.O. Box 331185  
Atlantic Beach, FL 32233

